

# **OPTIMIZING FUSION IN MOLECULAR IMAGING**

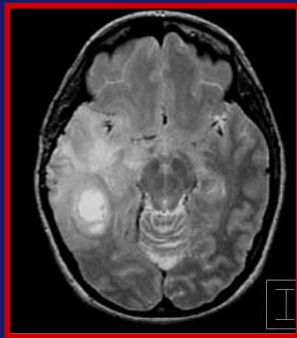
**Rebecca Sajdak, BA, CNMT, ARRT (N)  
Loyola University Medical Center**

# Purpose Of Image Fusion

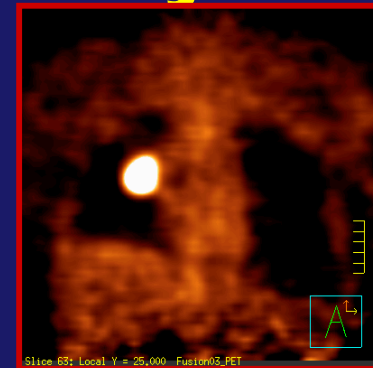
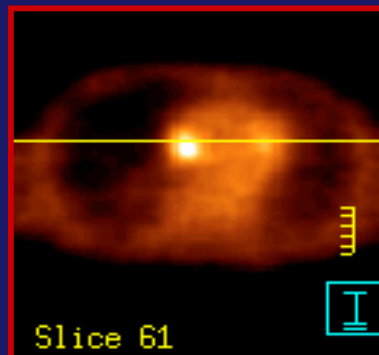
- Assures lesion being evaluated is the same lesion seen on MRI, CT
- Assists in radiation therapy planning
- Confirms diagnostic information concerning lesions seen on CT or MRI
- Defines normal anatomy

# Combine Functional And Anatomical Imaging

## Anatomical imaging provided by CT and MR



## Functional imaging provided by PET



# Benefits of Image Fusion for Your Department

## 1. Correlation with Multiple Modalities:

- Localization, staging
- Follow Chemo- or Radiotherapy before & after
- Guide for future Biopsy

## 2. Integration of Nuclear Medicine Data into other Modalities

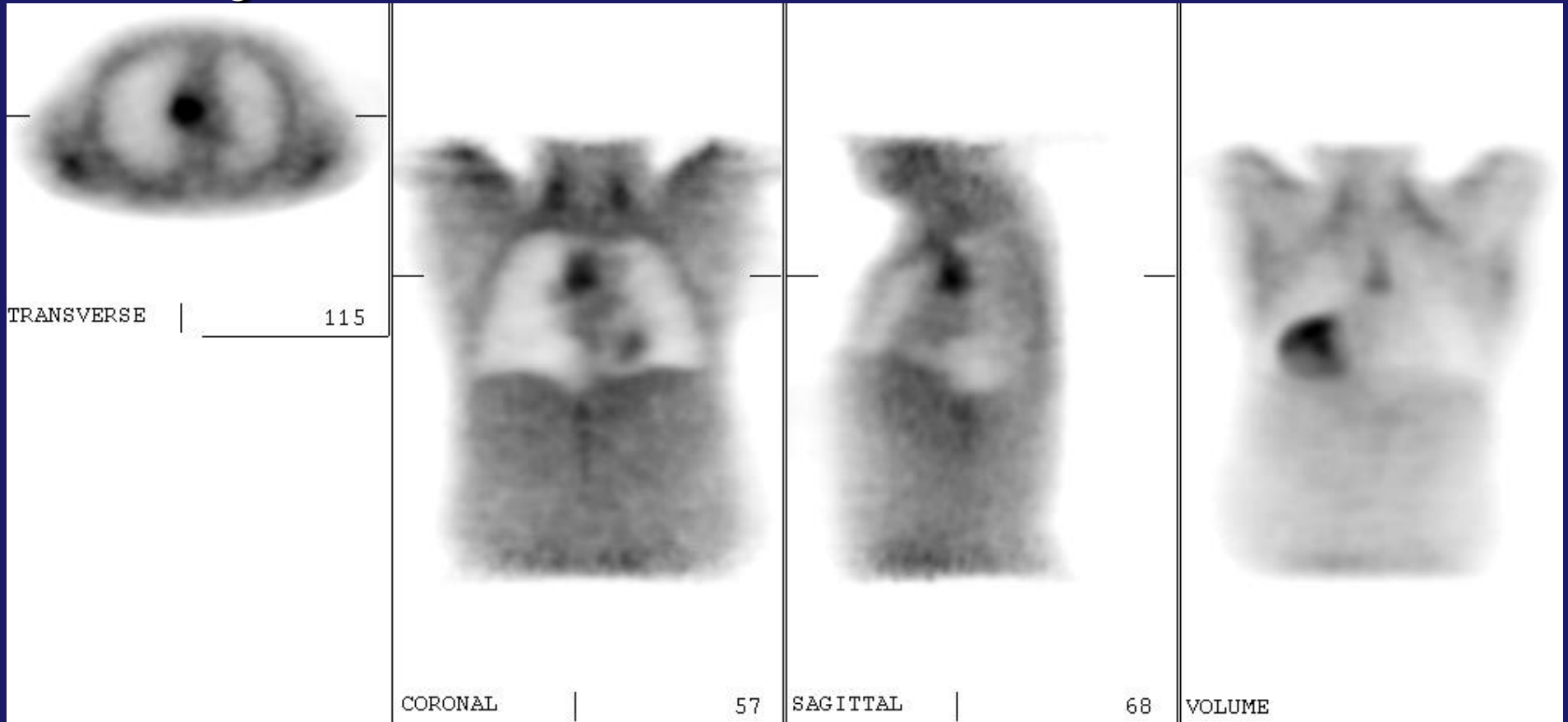
- Improve diagnostic confidence
- Improve cost
  - by reducing equivocal studies

Study

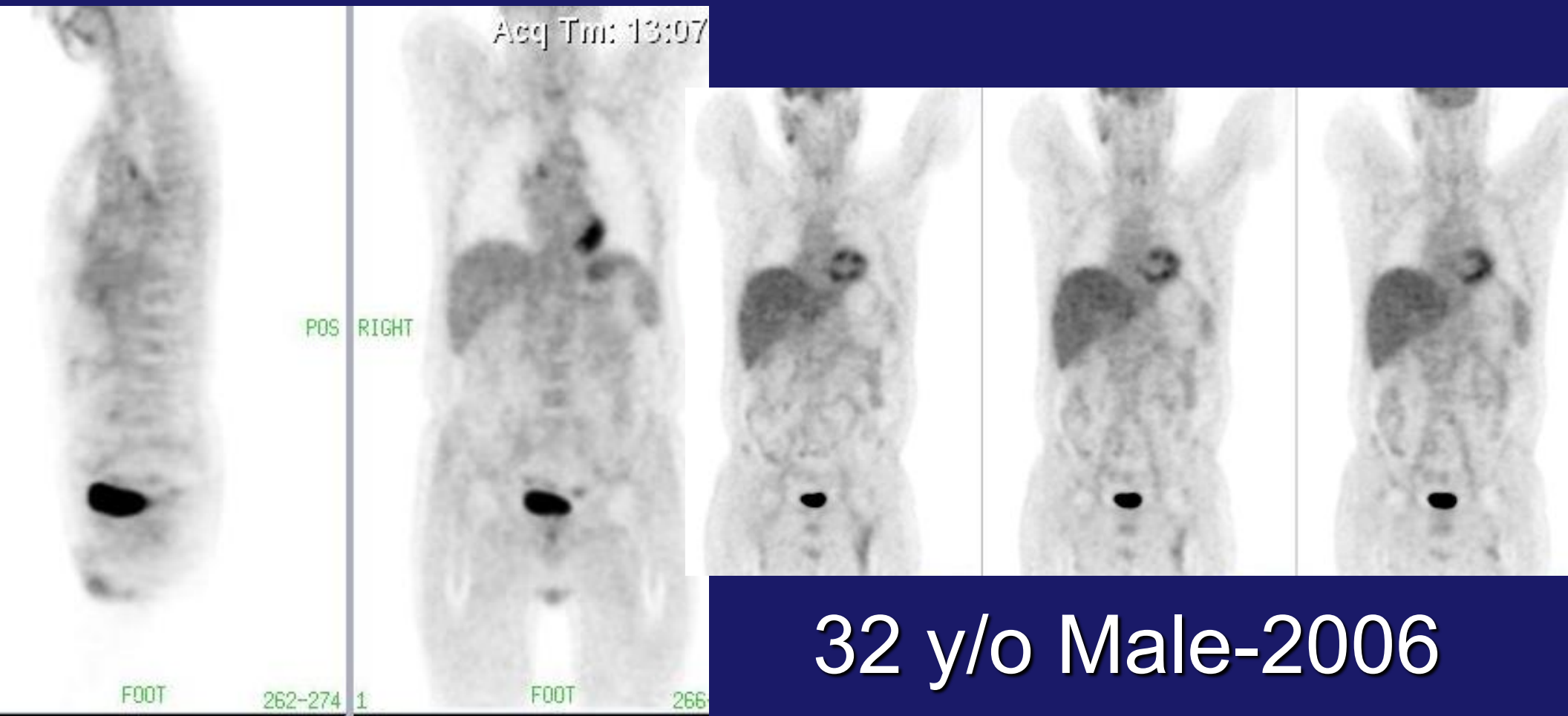
Process

Interpret

# Early Coincidence Detection-1996



# Current PET Imaging

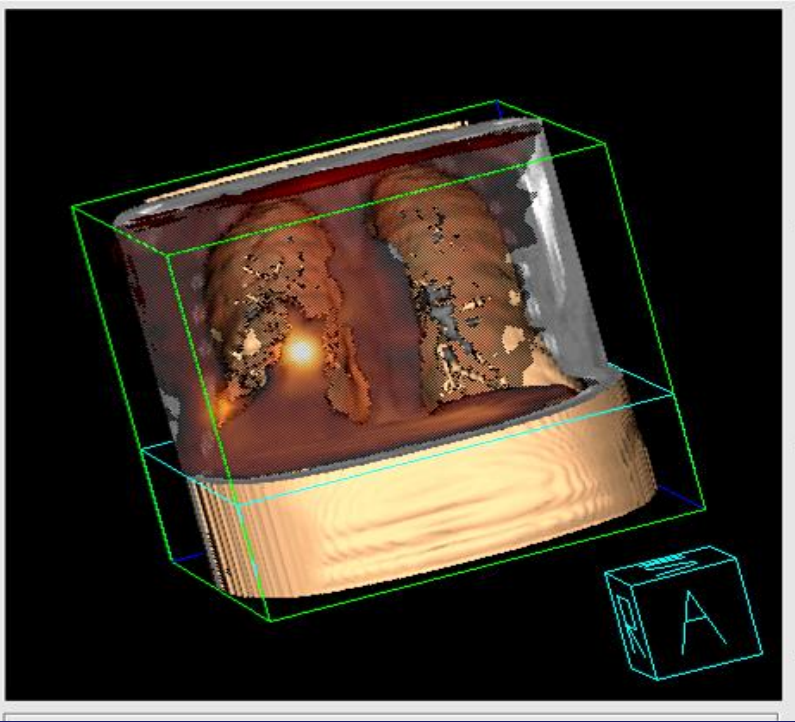


32 y/o Male-2006

61y/o Male-2005

# Benefits

- **Better definition of anatomical localization**
- **Useful for all nuclear studies**
- **Allows integration of anatomic & functional images**
- **Improve accuracy of interpretation**
- **Improved localization can decrease cost for subsequent chemotherapy & radiation therapy**



Study

Process

Interpret

# Benefits Of Image Fusion

- **Assesses response to therapy**
- **Guides more precise biopsy**
- **PET/CT increases patient throughput**
- **Guides chemotherapy and radiation therapy**



# Radiation Therapy Cradle

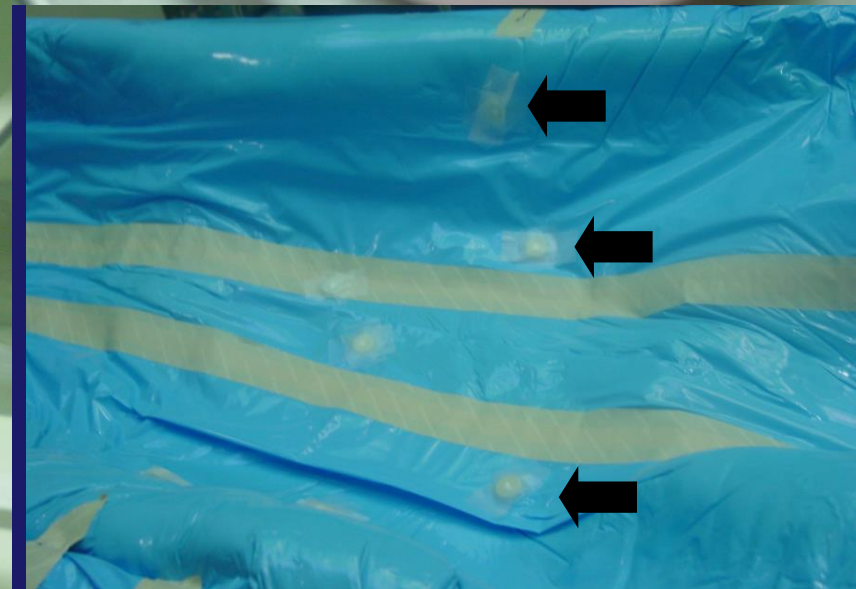
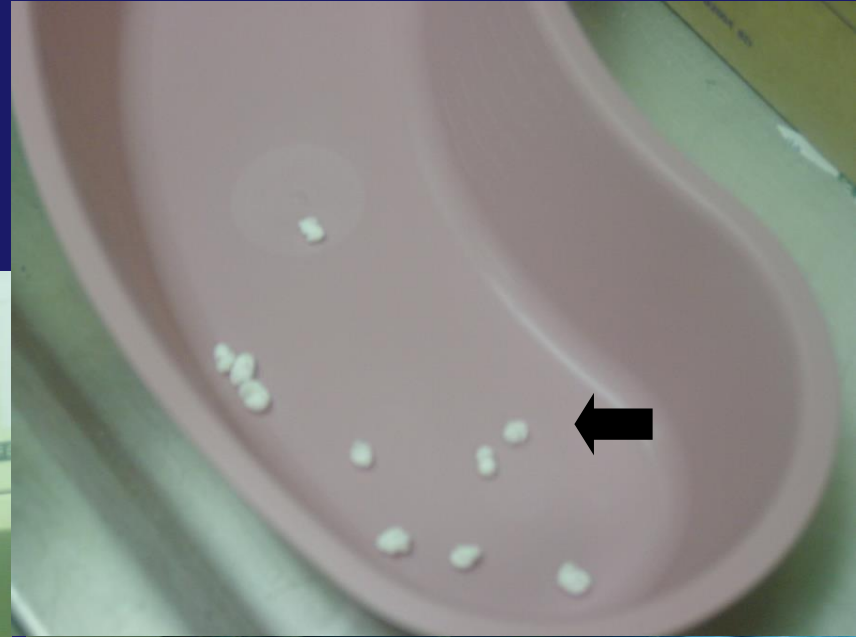


# PREPARATION OF MOLDED STYROFOAM CRADLE

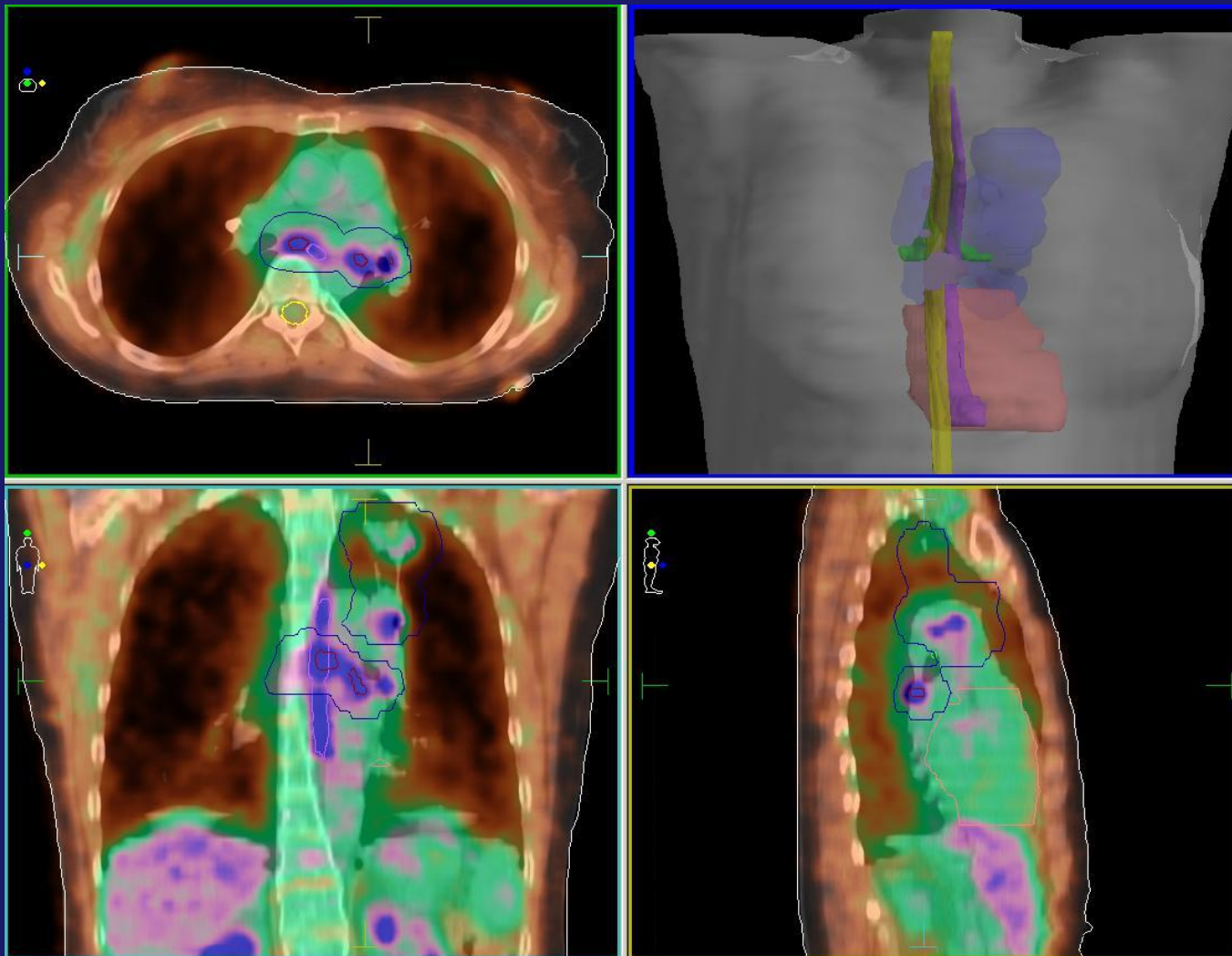




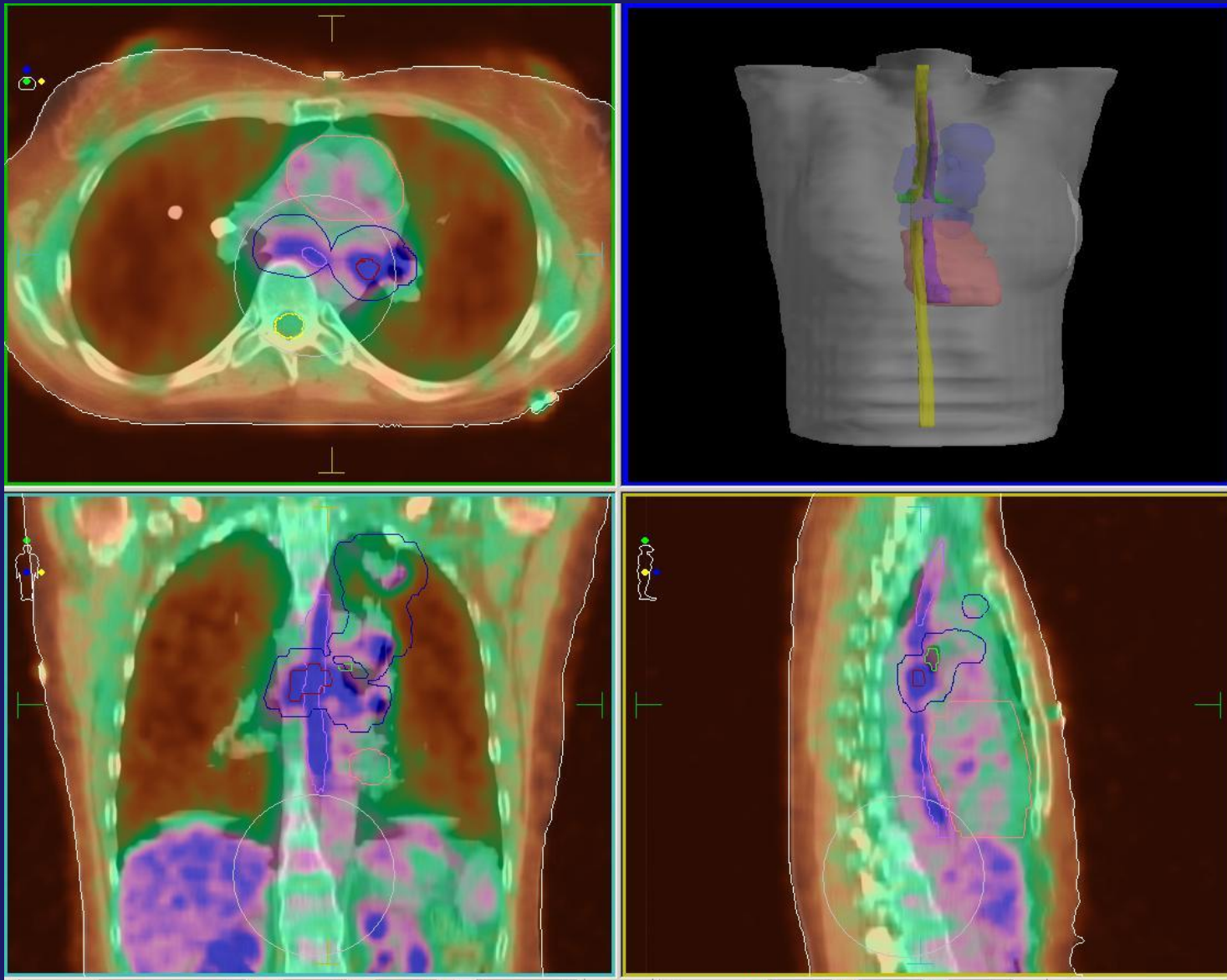
# Fiduciary Markers



# PET/CT Fusion on RT Planning System

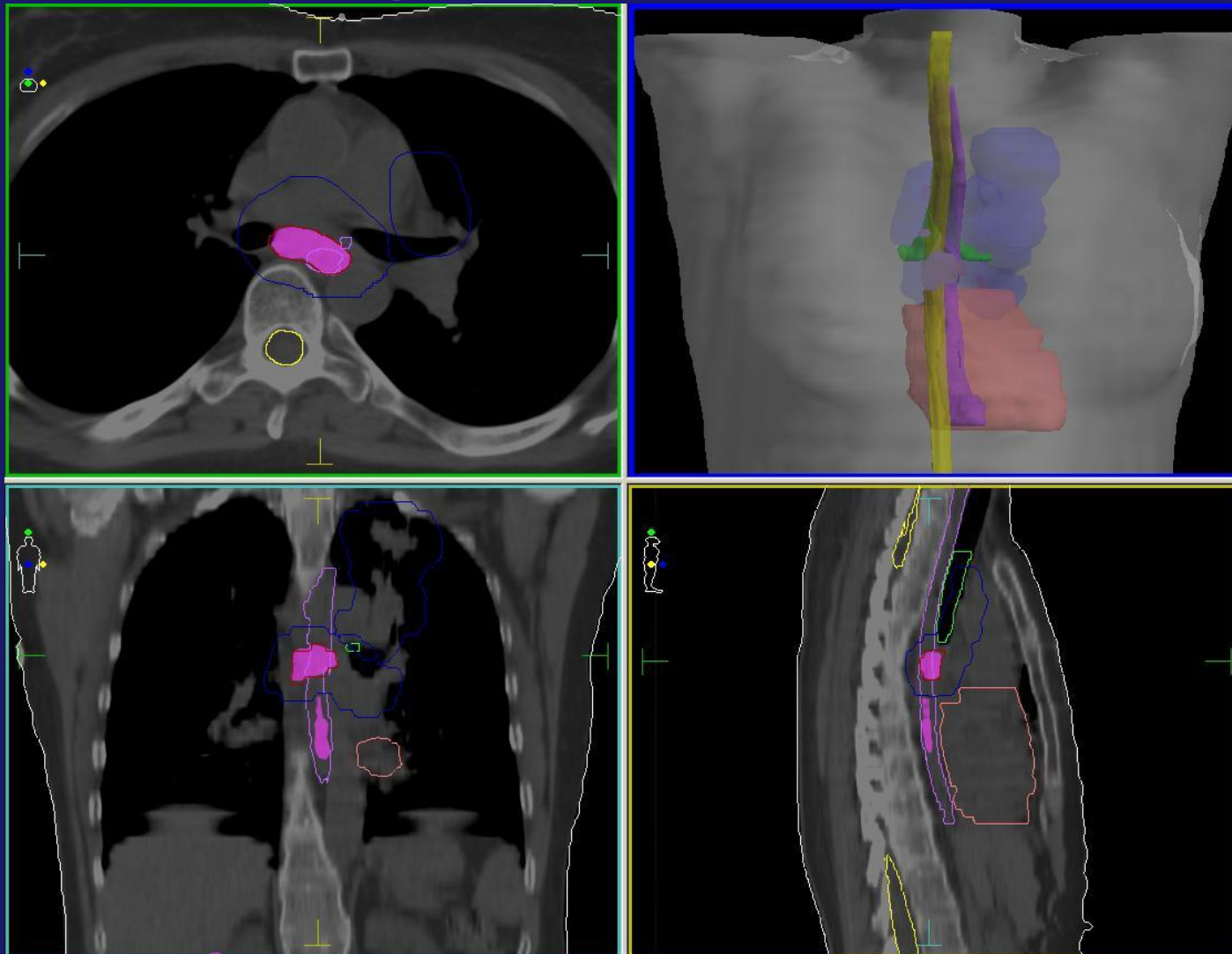


# PET Alignment

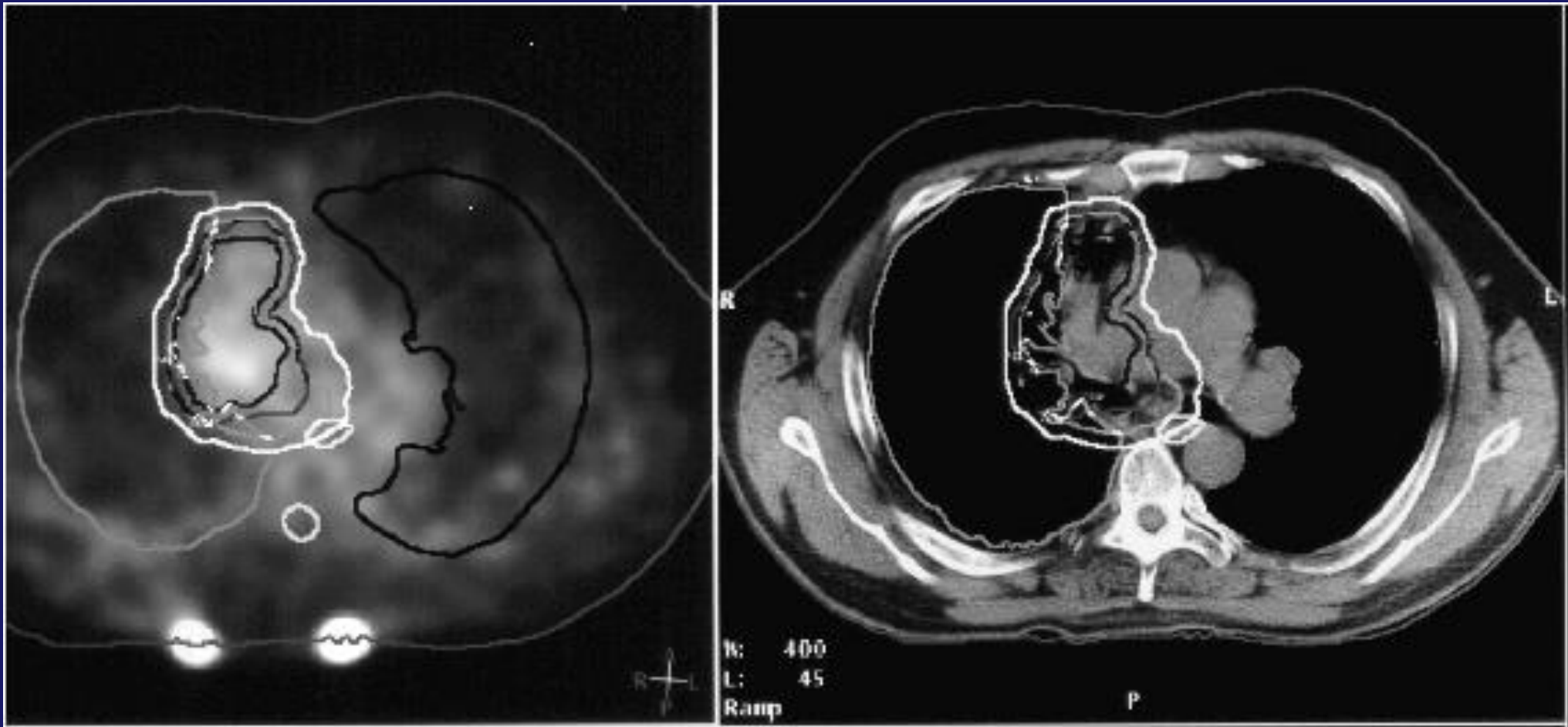




# Using a Narrow SUV



# CT & PET Fused In Radiation Therapy



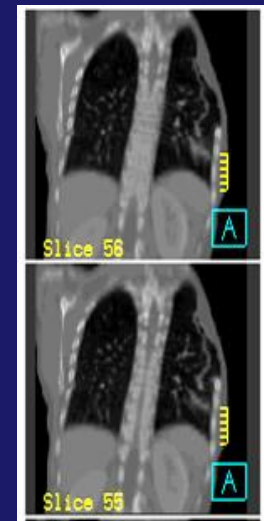
# Features

- **Functional Studies combined with Anatomical Studies**
  - Multiple integrated Display
  - Integrated 3D rendering

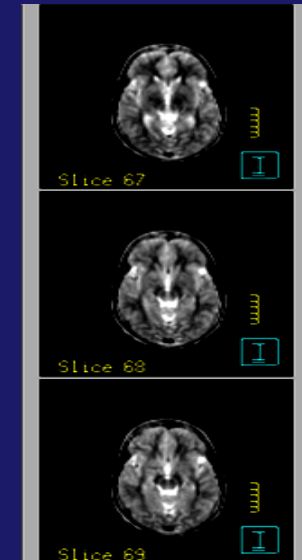
# Requirements

- **Use Standard DICOM to import Data (CT or MR)**
  - Register any isotope
  - Viable Tumor in Tl-201 Brain SPECT with CT/MR
  - Ga-67 SPECT with Tc-99m SPECT or CT/MR
  - F-18 FDG with CT/MR

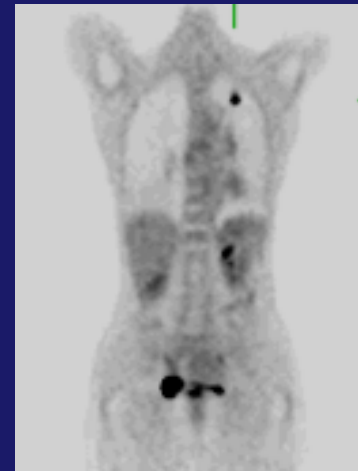
**CT**



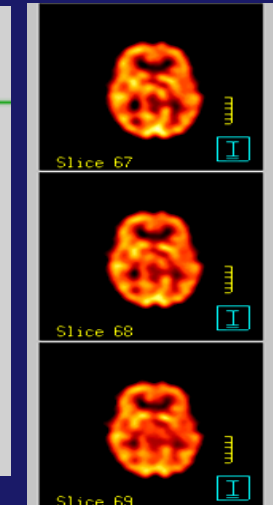
**MR**



**FDG**



**Tc99m**



Study

Process

Interpret



# Lesion Detection

- Increase in F-18 FDG uptake can be seen in most malignant lesions
- Uptake time is 60 to 90 minutes
- Correct fusion with CT or MRI improves confidence to accurately localize PET lesion
- Accurate differentiation of tumor tissue from adjacent organs is important

To Enhance or Not to Enhance, JNM,  
Vol 45, pg 56s-65s, Jan 2004

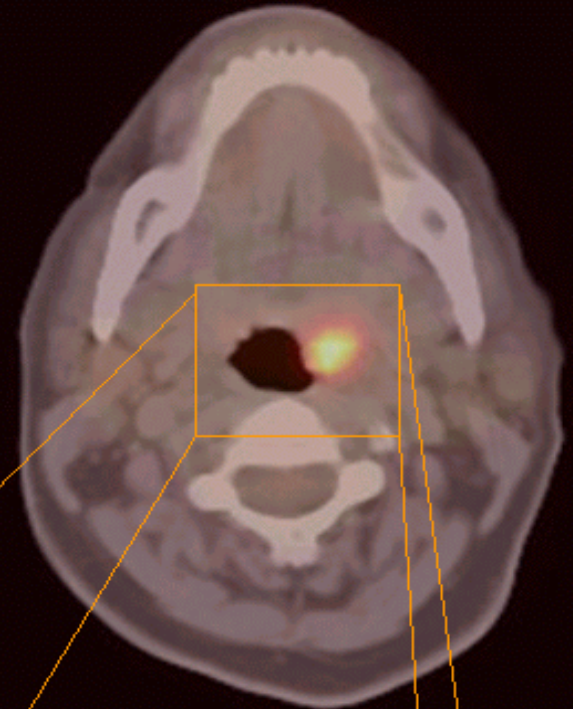
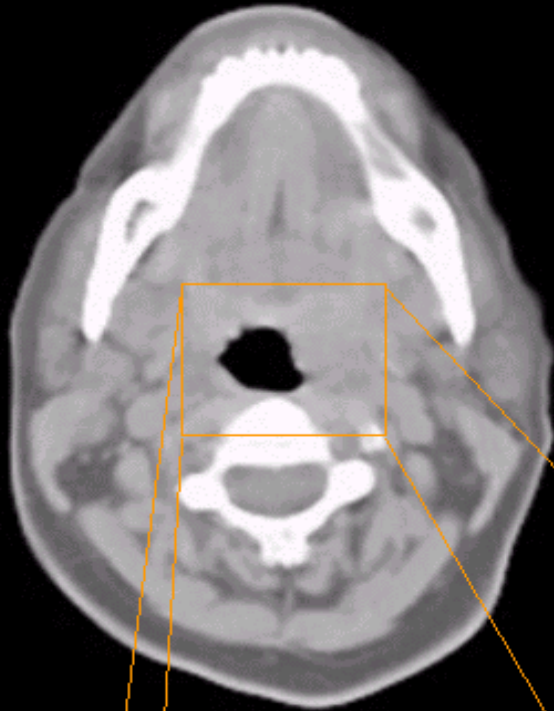
# Unknown primary tumor

University of Pittsburgh PET/CT scanner

CT: 160 mAs; 130 KV<sub>p</sub>; pitch 1.6; 5 mm slices

PET: 7.1 mCi FDG; 3 x 10 min; 3.4 mm slices

52 y.o. patient with history of metastatic squamous cell cancer of left posterior cervical lymph node from unknown primary. PET/CT localized the primary in the region of the left tonsil.



# Types of Image Fusion

- Visual – Side by side comparisons of PET and CT
- Software – Requires network transfer of prior CT or MRI to PET workstation. Manual or automated fusion done with manufacturer's software packages
- Hardware – PET/CT; the PET and CT image are physically aligned together
- The ability to import outside CT, MRI

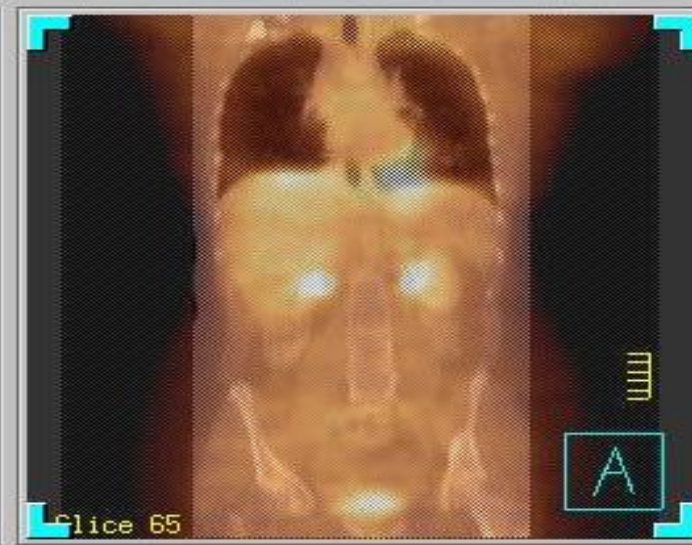


# Visual Fusion





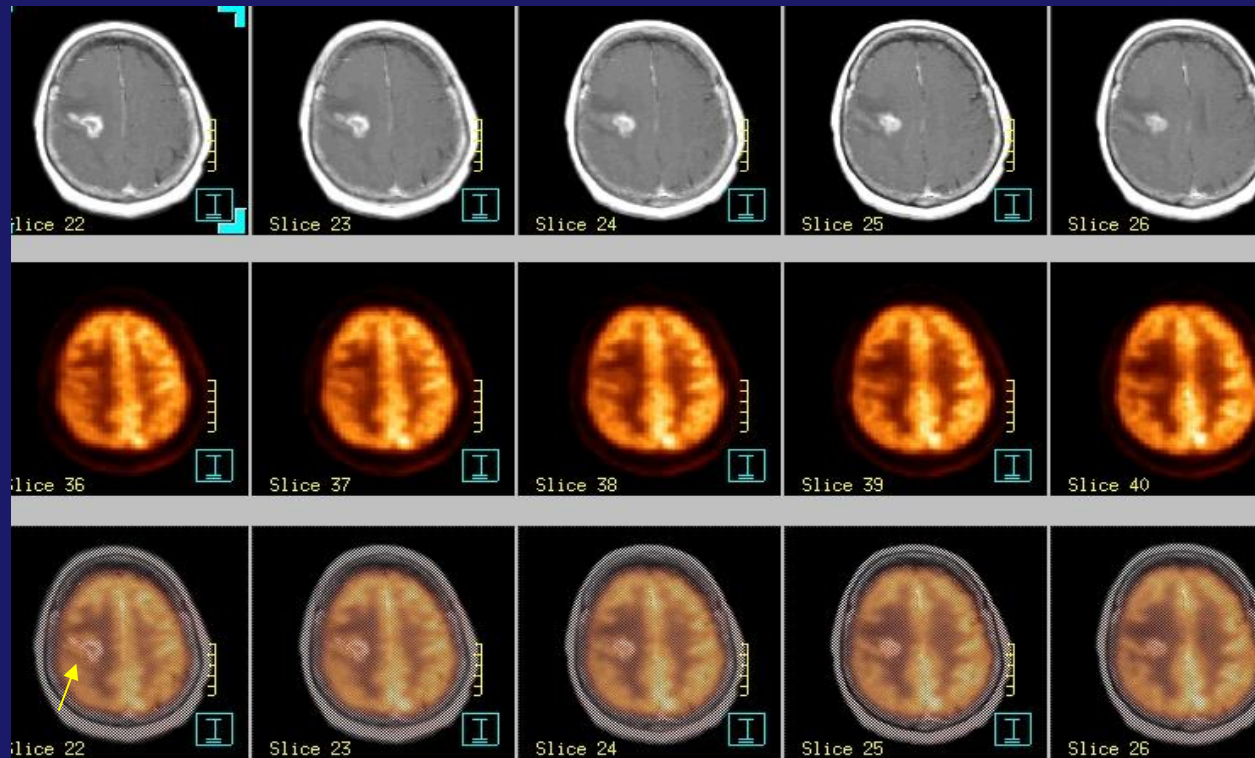
# Software Fusion





# Fused PET/MRI

- 27-year-old female with malignant glioma
- MR suggests possible radiation necrosis
- Fused image shows the posterior portion of the lesion has FDG concentration (arrow) consistent with tumor
- Fused images from separate devices



### Clinical History:

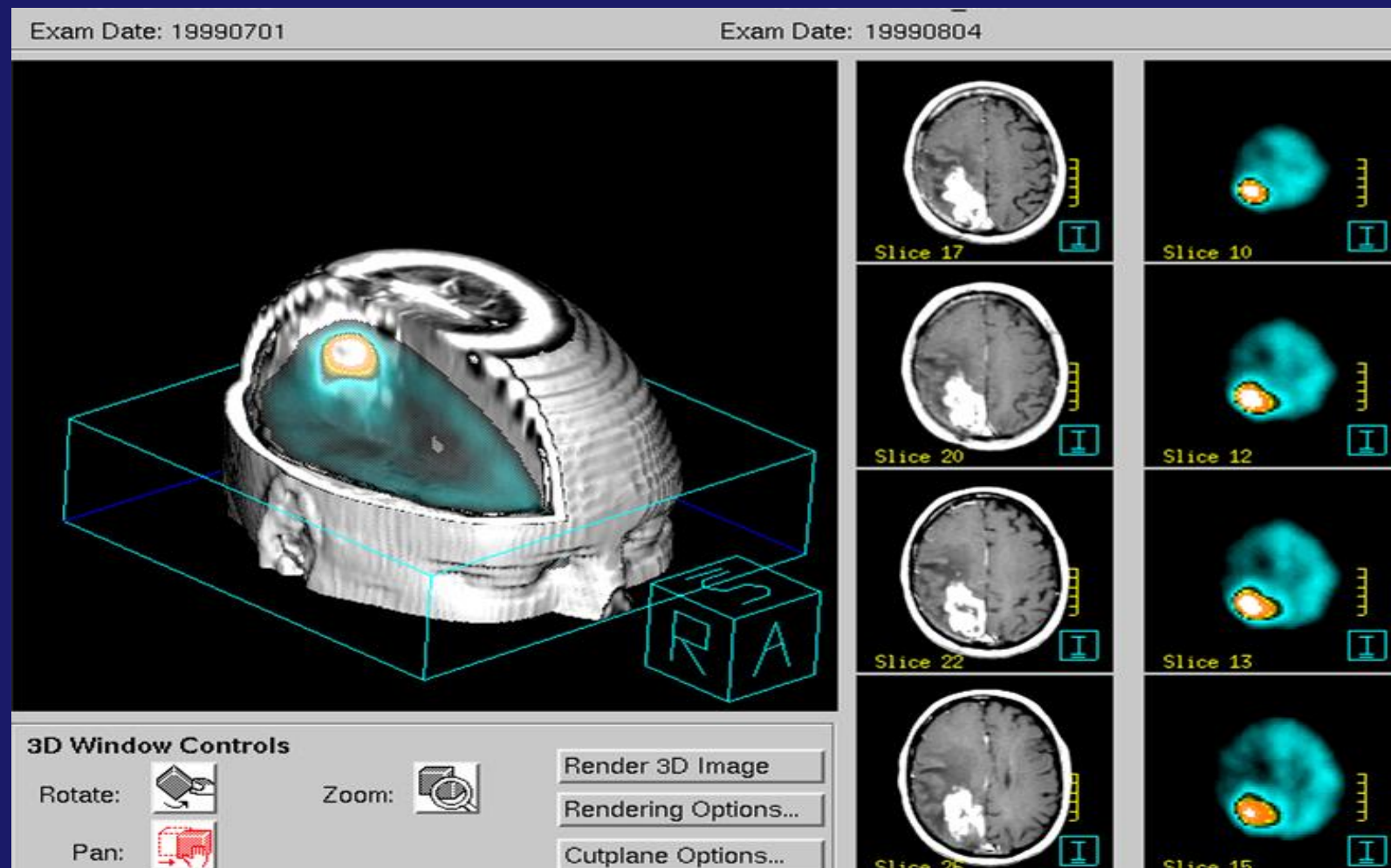
60y/o male  
glioblastoma

### MRI Findings:

Progression of the  
right posterior  
parietal mass lesion  
since the previous  
examination

### FDG Findings:

Findings consistent  
with persistent or  
recurrent brain  
tumor in the right  
posterior parietal  
region which is  
highly metabolically  
active.



### Impact of Image Fusion:

In this case, fusion imaging confirmed the suspected  
recurrent brain tumor.

# PET/CT SCANNERS



Gemini GXL

[www.medical.philips.com](http://www.medical.philips.com)

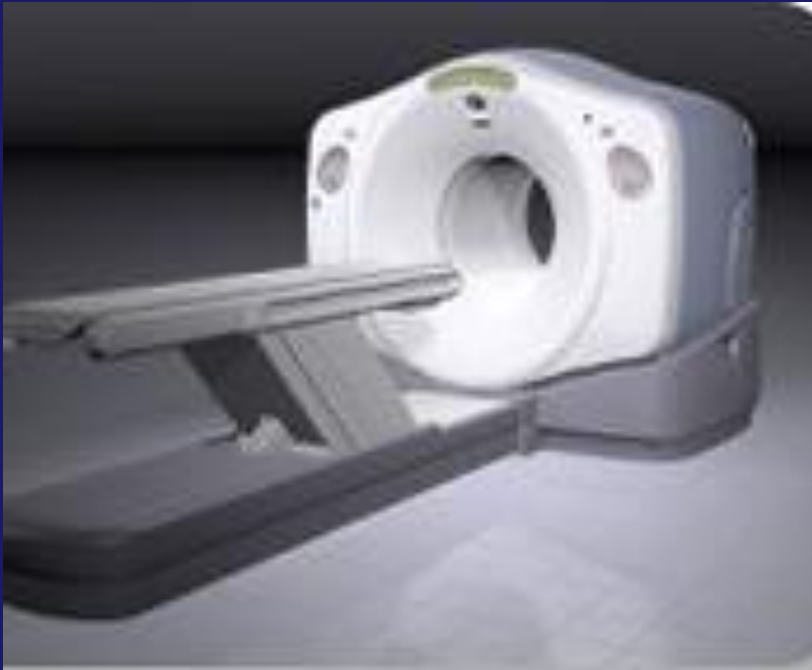


SceptreP3

[hitachimed.com](http://hitachimed.com)



# PET/CT SCANNERS



Discovery ST

[www.gemedicalsystems](http://www.gemedicalsystems)



**The BIOGRAPH LSO PET/CT  
Scanner at Hong Kong  
Baptist Hospital**

# SYSTEM SPECIFICATIONS

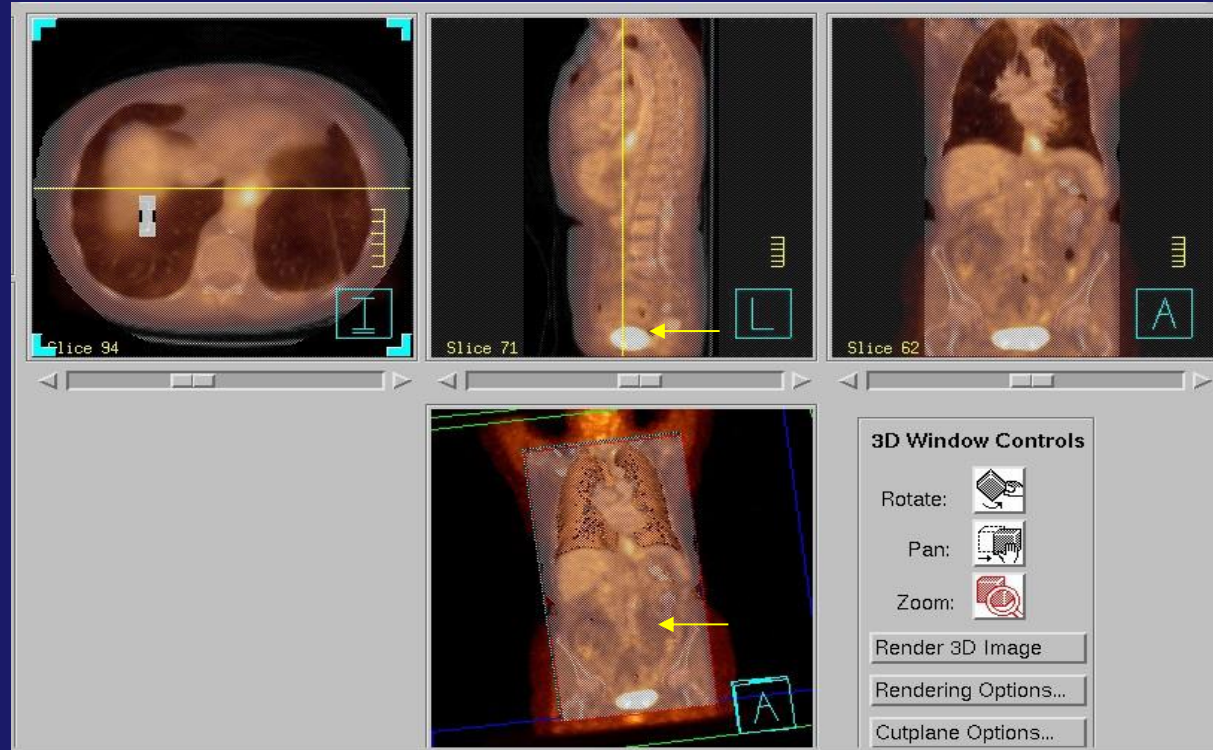
Scanner	CT slice options	PET detector material	PET acquisition modes	Scanner bore diameter (cm)
GE Discovery ST	4, 8, 16	BGO	2D and 3D	70
Philips GEMINI	2, 6, 10, 16	GSO	3D	70
Siemens Biograph	2, 6, 16, 64	LSO	3D	70

<http://www.impactscan.org/rsna2004.htm>

# Hardware Fusion

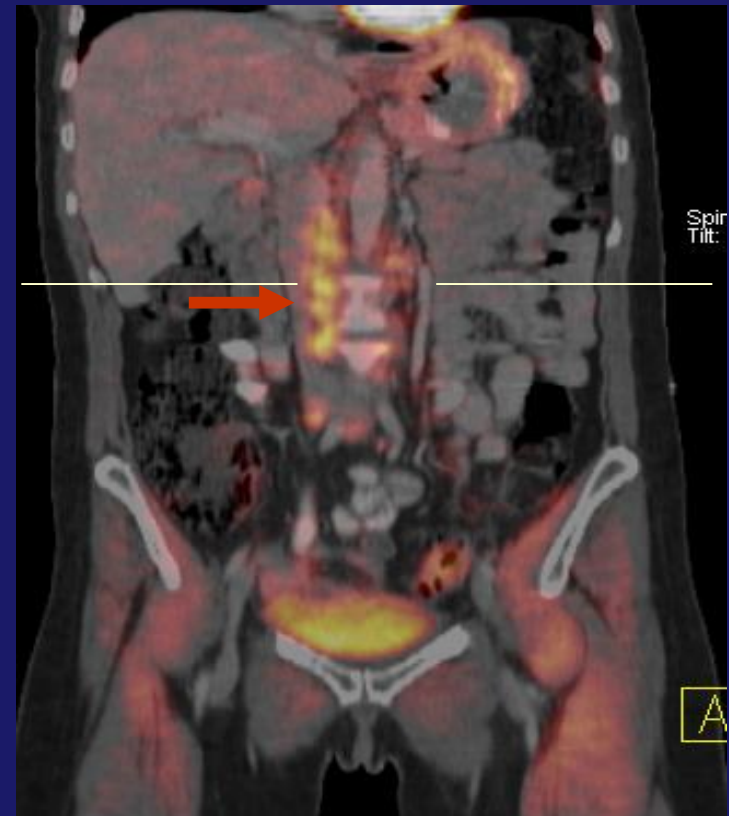
## Fused PET/CT

- Patient with distal esophageal carcinoma
- Fused PET/CT shows hot lesion overlying distal esophagus
- Separate device study with software fusion



# Fused PET/CT

- 44-year-old female post hysterectomy and oophorectomy for cervical cancer
- Fused PET/CT shows recurrence in the peri-aortic nodes
- Fused on a single device



# biograph™ - Recurrent Lung Cancer

CT: 50 mAs; 130 KV<sub>p</sub>; pitch 1; 5 mm slices

PET: 9 mCi of FDG; 5 min / bed; 5 bed positions; 2.4 mm slices

65 year old male, 180 lbs, with hx of Recurrent Lung Cancer. Previous PET study reported Rt lung lesions.

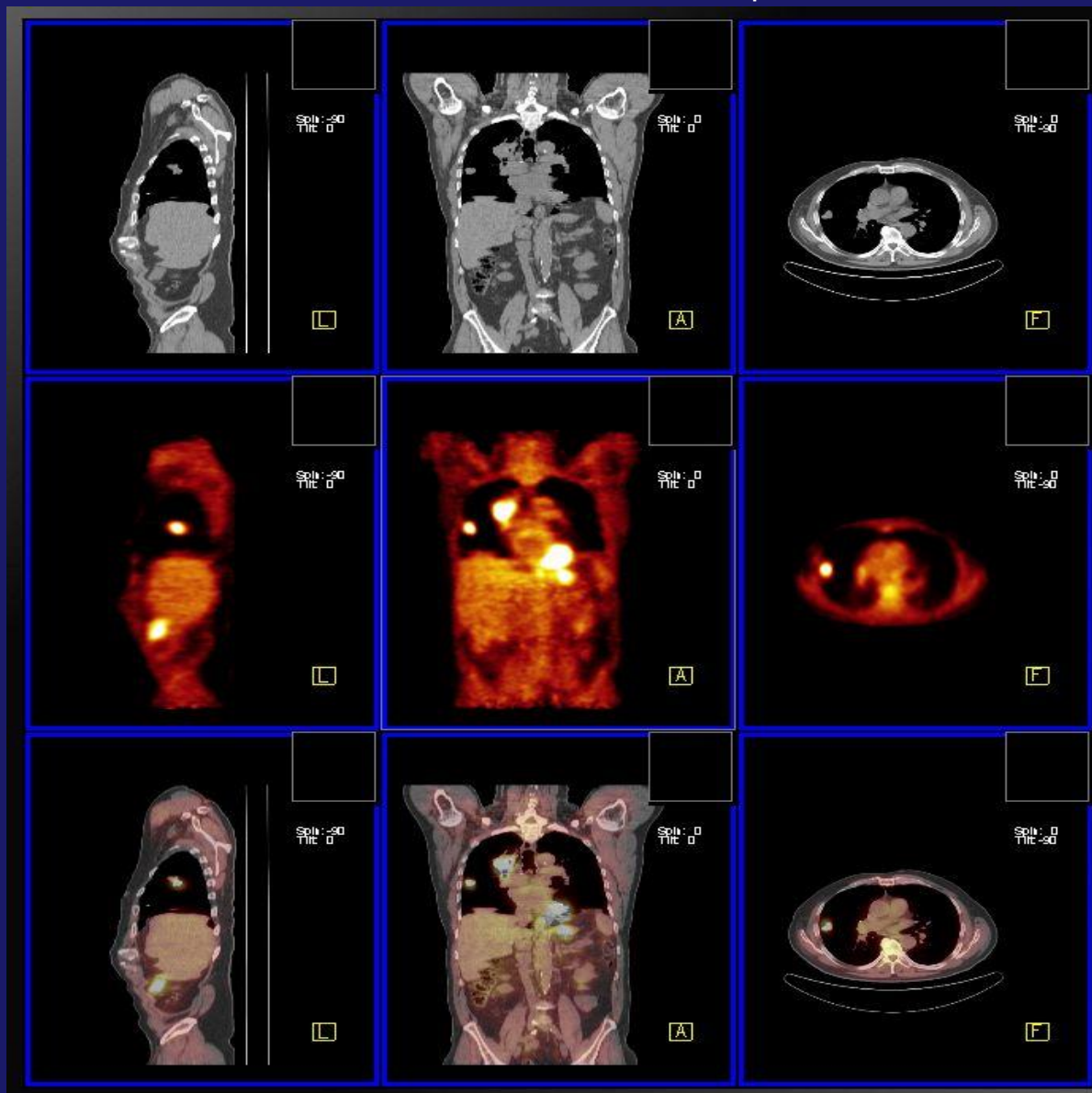
PET/CT study showed new lesion in colon.

Injected Dose: 9 mCi of FDG

Patient scanned 150 min post injection

Images courtesy of

Siemens Medical Systems

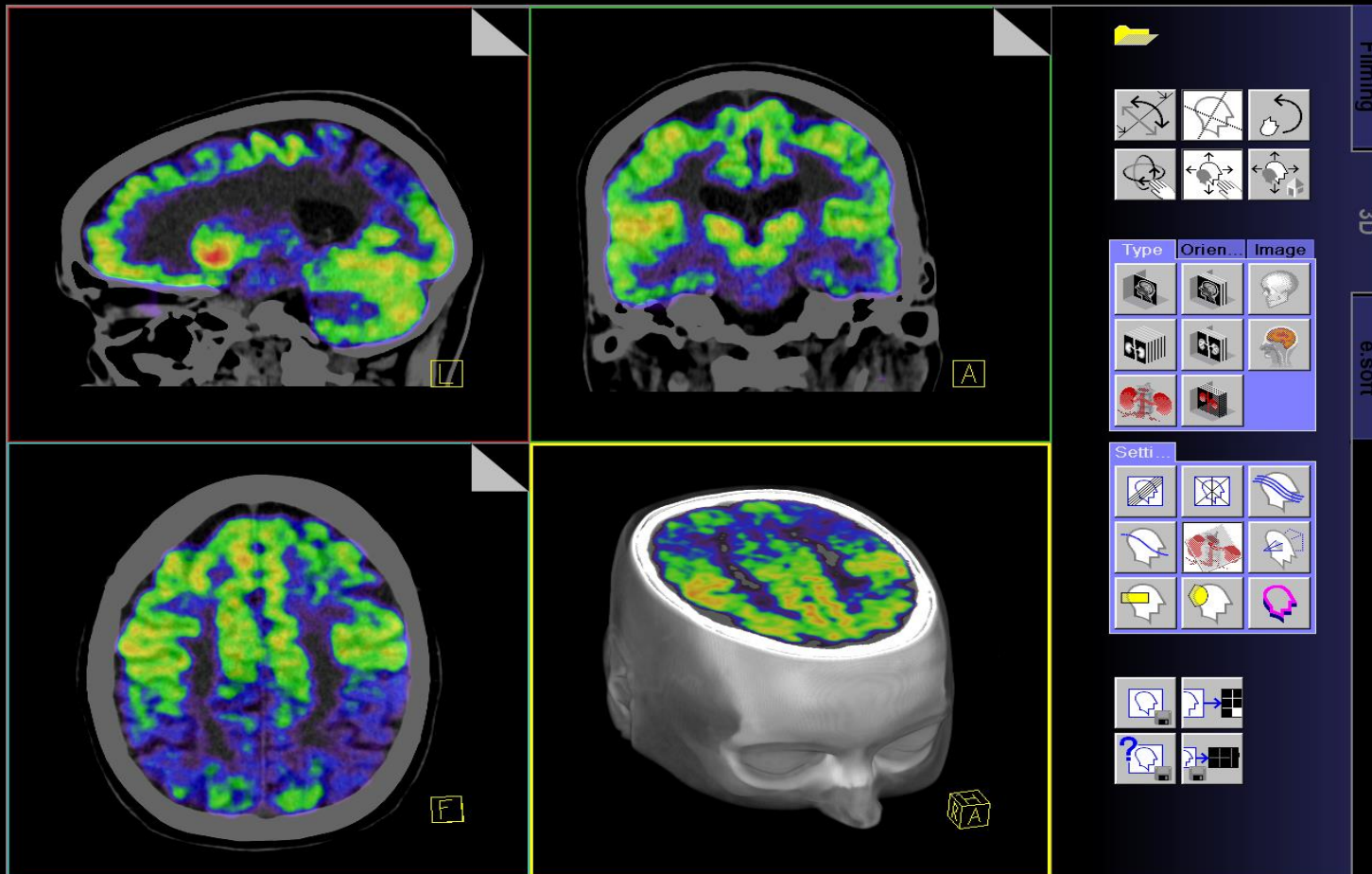




# biograph

16

- *Scan protocol:*
- **HI-REZ PET:**
- 555 MBq (15 mCi)  $^{18}\text{F}$ -FDG
- 60 minute uptake time
- AW-OSEM (3i8s5g)
- 10 minutes
- 
- 16 slice CT:
- 150 mAs CareDOSE
- 120 kV
- 0.75 mm collimation
- 2.0 mm slice thickness



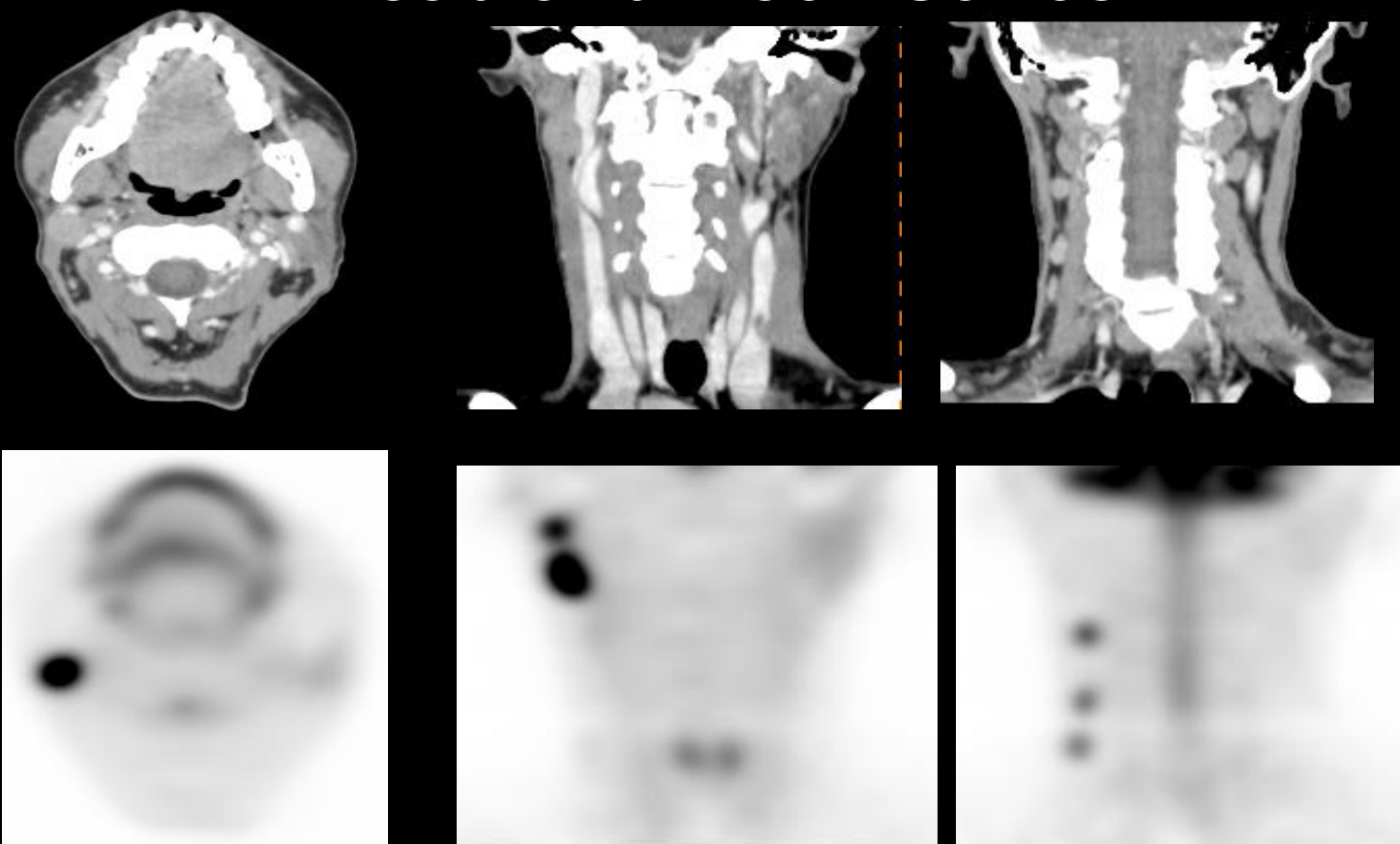
## Alzheimer's Disease

54 year old female, 68.2 kg (150 lbs)

Decreased glucose metabolism in posterior parietal association cortex in patient with memory problems.

Data Courtesy of PET Medical Imaging Center, Grand Rapids, MI, Dr. Paul Shreve

# Head and Neck Cancer



- **Scan protocol:**
- **HI-REZ PET:**
- **15 mCi  $^{18}\text{F}$ -FDG**
- **90 min uptake time**
- **AW-OSEM (3i8s7g)**
- **336 matrix**
- **10 minutes per bed**
- **16 slice CT:**
- **130 mA**
- **120 kVp**
- **0.75 mm collimation**
- **2 mm slice thickness**
- **IV contrast: 2.5 ml/sec**
- **45 sec delay**

52 year old female, 52.7 kg (116 lbs) - Adenoma carcinoma of right parotid gland, post resection, for restaging.

Recurrent FDG-avid mass in right parotidectomy bed and metastasis to sub-centimeter right II and III jugular lymph nodes.

Data Courtesy of PET Medical Imaging Center, Grand Rapids, MI, Dr. Paul Shreve

biograph

# Bone Metastases

Biograph 16



Anterior



Posterior



Sagittal



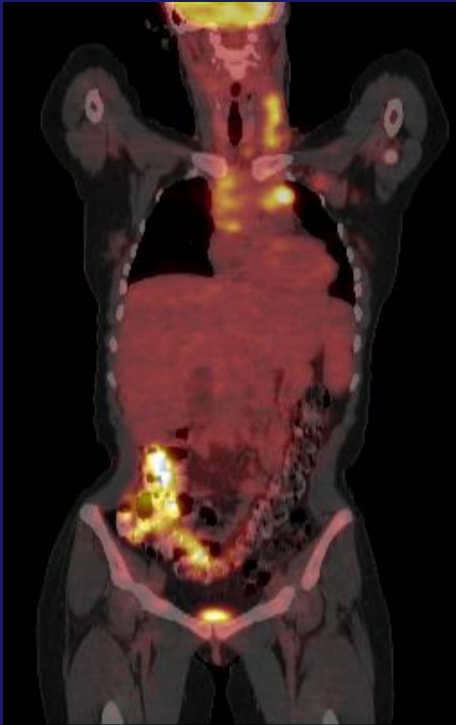
HI-REZ

- 42 year old female, 136 lbs.
- HI-REZ technology demonstrates the finest resolution and exceptional image quality.
- Scan protocol: CT 154 mAs, 120 kV, 1.5 mm acquired slice width, 3 mm reconstruction increment
- PET 11.1 mCi  $F^{18}$ -NaF; scan performed 60 min post-injection, AW-OSEM (4i8s), 4 min/bed

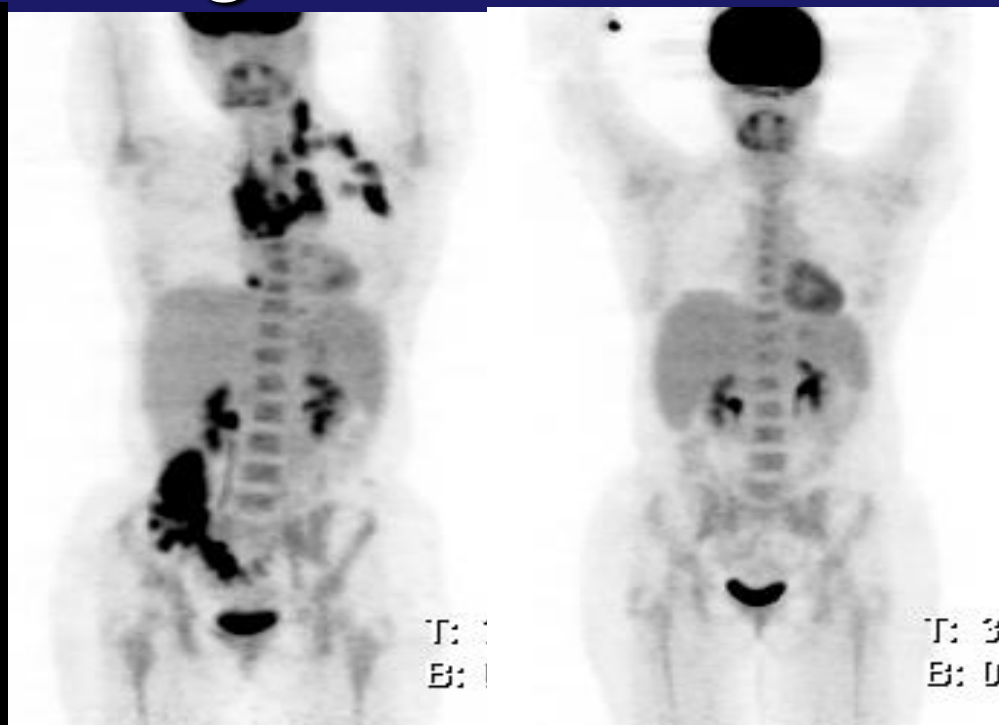
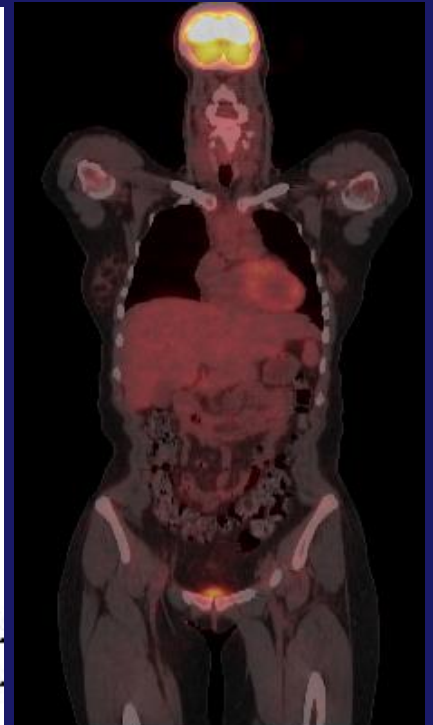


# Hodgkin's disease

Pre BMT



Post BMT



## *Scan protocol:*

PET: Pre and Post - 15.0 mCi  $^{18}\text{F}$ -FDG, 60 minute uptake time, AW-OSEM (4i8s)

CT: Pre - 82 mAs, 130 kV, 5mm slice thickness;  
Post - 70 mAs, 130 kV, 5 mm slice thickness

Data Courtesy of Barnes Jewish Hospital, St. Louis, MO, Dr. Barry Siegel

28 year old female, 68 kg (150 lbs). Newly diagnosed Hodgkin's disease through left cervical lymph node biopsy.

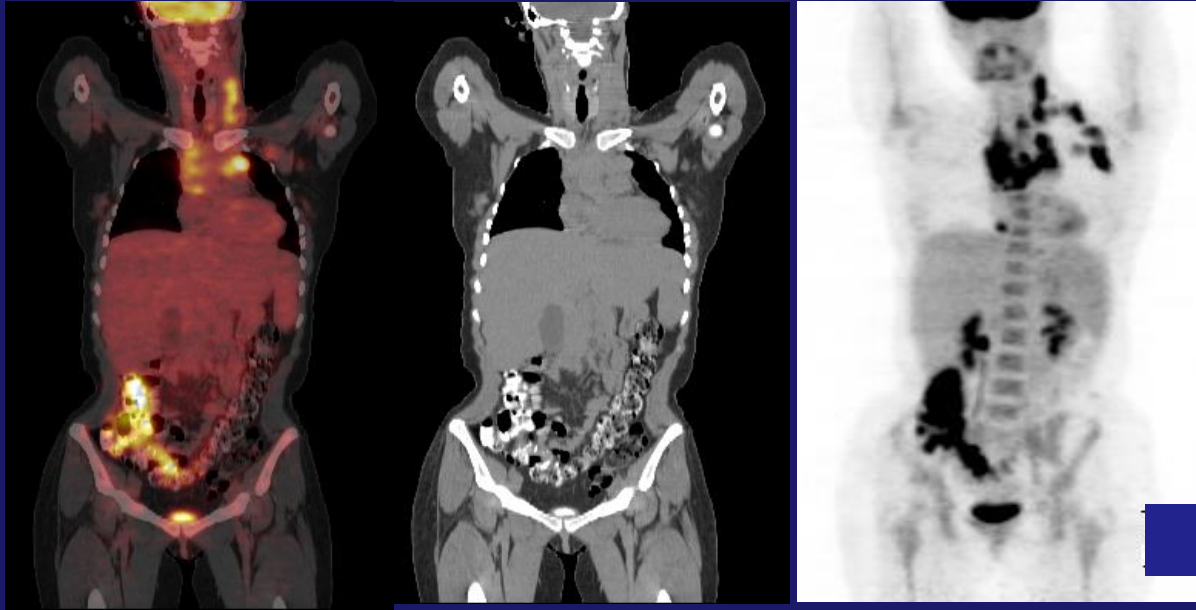
PET/CT for initial staging. Extensive lymphadenopathy with markedly increased FDG uptake, all of them above the diaphragm, consistent with the patient's known history of Hodgkin's disease.

Biograph 2

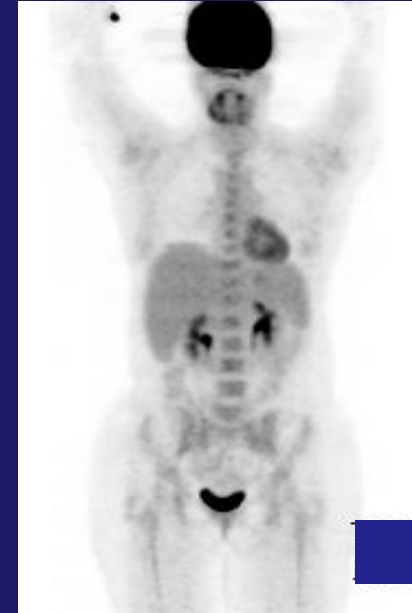
# Hodgkin's Disease

biograph <sup>2</sup>

Pre



Post



28 year old female, 68 kg (150 lbs). Newly diagnosed Hodgkin's disease through left cervical lymph node biopsy.

PET/CT for initial staging. Extensive lymphadenopathy with markedly increased FDG uptake, all of them above the diaphragm, consistent with the patient's known history of Hodgkin's disease.

## *Scan protocol:*

PET: Pre and Post - 15.0 mCi  $^{18}\text{F}$ -FDG, 60 minute uptake time, AW-OSEM (4i8s)

CT: Pre - 82 mAs, 130 kV, 5 mm slice thickness; Post - 70 mAs, 130 kV, 5 mm slice thickness

Data Courtesy of Barnes Jewish Hospital, St. Louis, MO, Dr. Barry Siegel

# Steps for Successful Fusion

- Patient Preparation
- Maintain Camera Calibrations
- Acquisition Parameters
- Data Transfer (Software Fusion)
- Assessment of Fusion

# Patient Preparation

- Patient Scheduling
- NPO minimum of 4-6 hrs prior to injection
- No strenuous exercise
- Check glucose level
- Injection of tracer
- Patient must disrobe and place on gown
- Ask patient about CT contrast allergies and give oral contrast

# Patient Positioning

- Perfect centering of target organ is critical for counting efficiency. Use scout view to determine scan length
- Pillows and other positioning devices may be used to immobilize patient and to maintain patient comfort
- Patient motion is prohibited during the emission and transmission studies to prevent imaging artifacts

# PET Acquisition and Image Processing

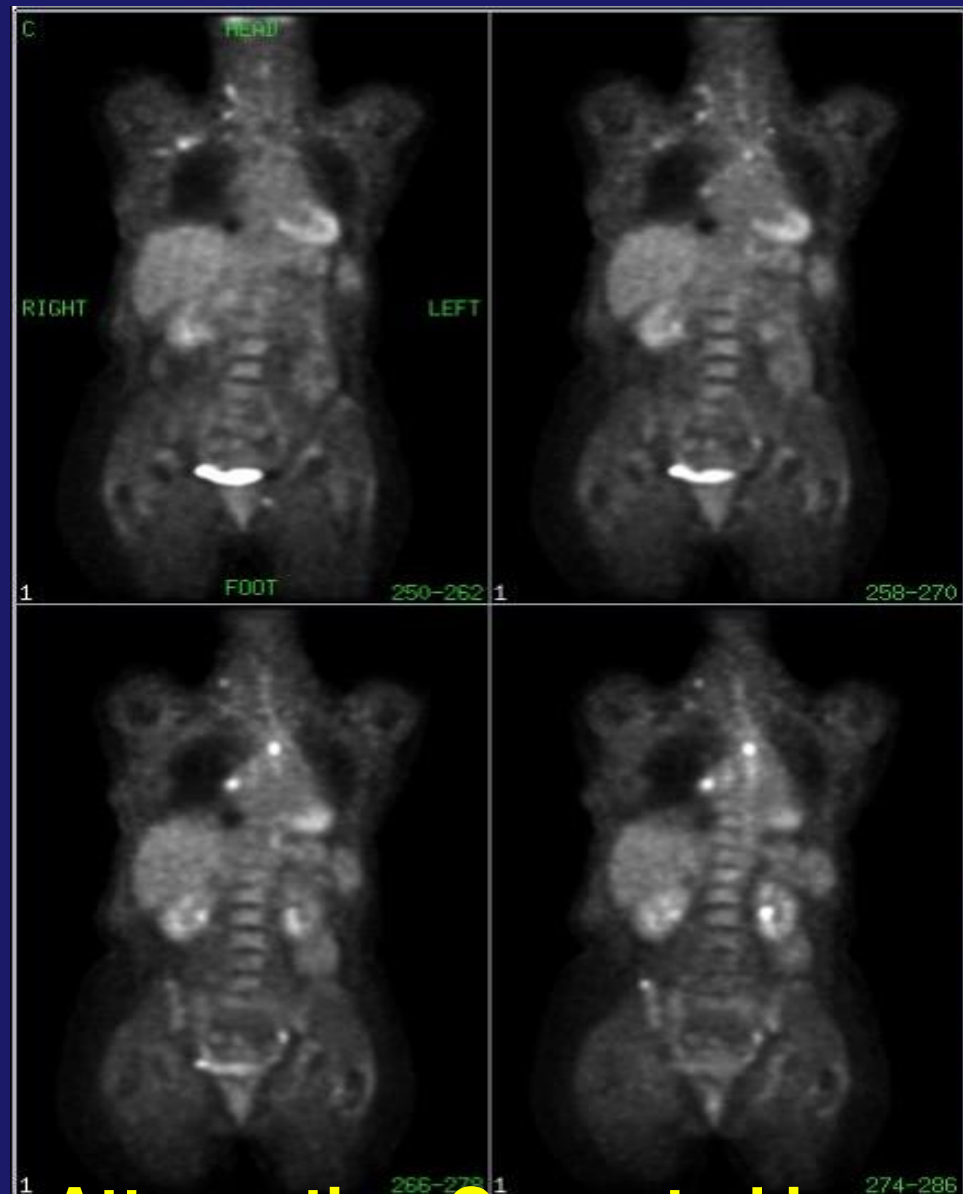
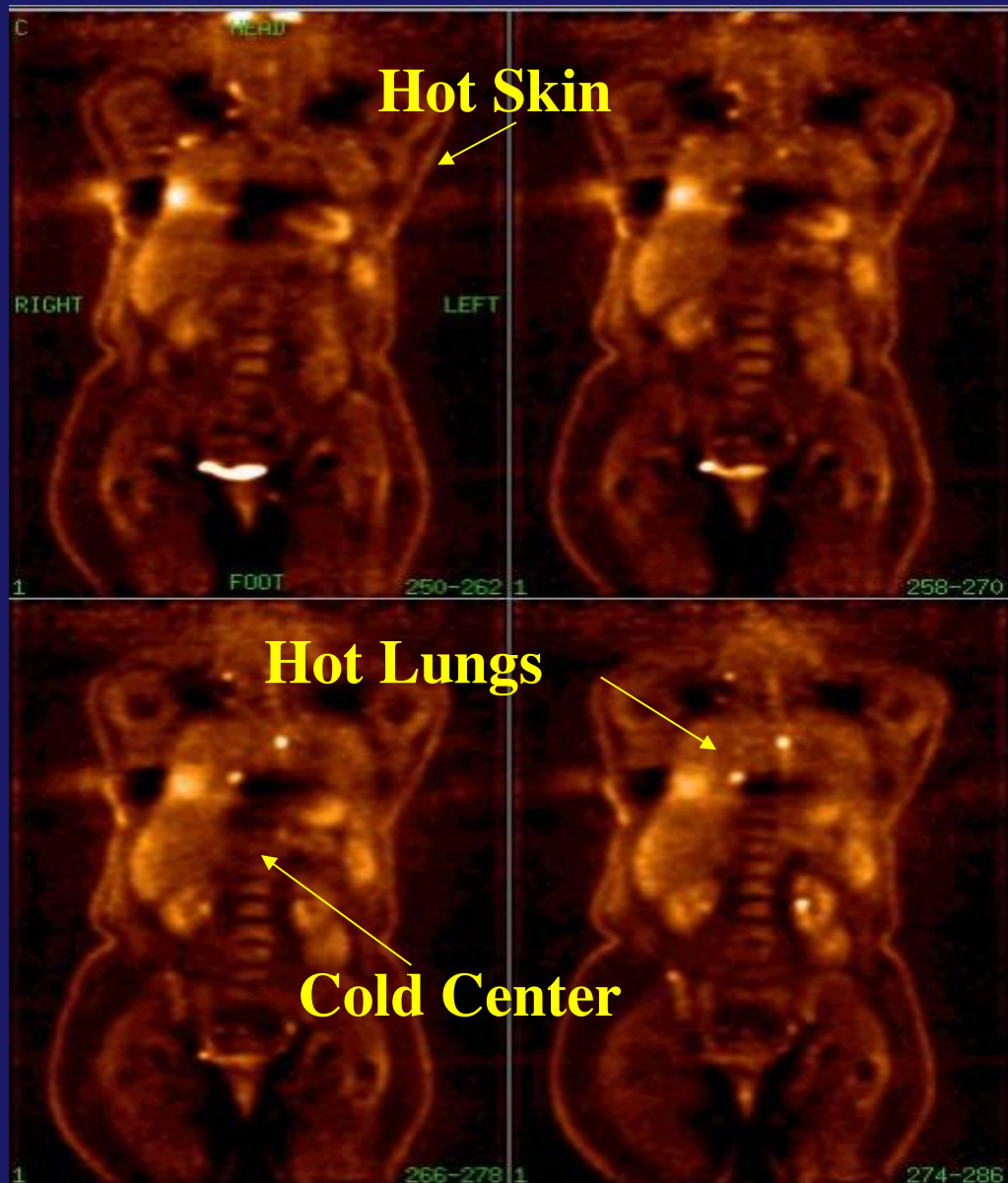
- Set up & acquire data adhering strictly to protocol
- Assure raw data is adequate
- Apply correct filters and reconstruction algorithms

# PET Attenuation Correction

- Removes attenuation artifacts and improves image fusion
- Improves cardiac studies
- Improves visualization of deep structures
  - Mediastinum
  - Abdomen



# Attenuation Artifacts



**Attenuation Corrected image**



# DATA SETS TO FUSE

- CT - only one transverse image series
- MRI - axial image series, preferably the AXIAL T1 post Gadolinium series
- Ability to fuse volume as a whole or any organ area

# Data Transfer

Transfer images via computer network utilizing  
DICOM -Digital Image COmmunications in Medicine

Requirements:

- Properly configured network connections

- Compatibility of systems

- Coordination with CT, MRI sections

# GENERATING CT & MRI VOLUMES

- Convert single-slice CT or MRI data to multiple-slice volume that matches the PET image volume
- Match slice thickness
- Slice overlap

# Factors Affecting Accuracy of Image Fusion

- Patient positioning
- Internal organ movements
- Attenuation correction
- Errors in fusion procedure
- Artifacts

# Types of Artifacts

- Overcorrection of AC caused from CT Contrast
- High density oral contrast
- Patient motion
- Respiratory differences between PET & CT
- Metal devices (pacemakers, Central Lines, etc.)
- Arm location (truncation)

# Diaphragmatic Artifact



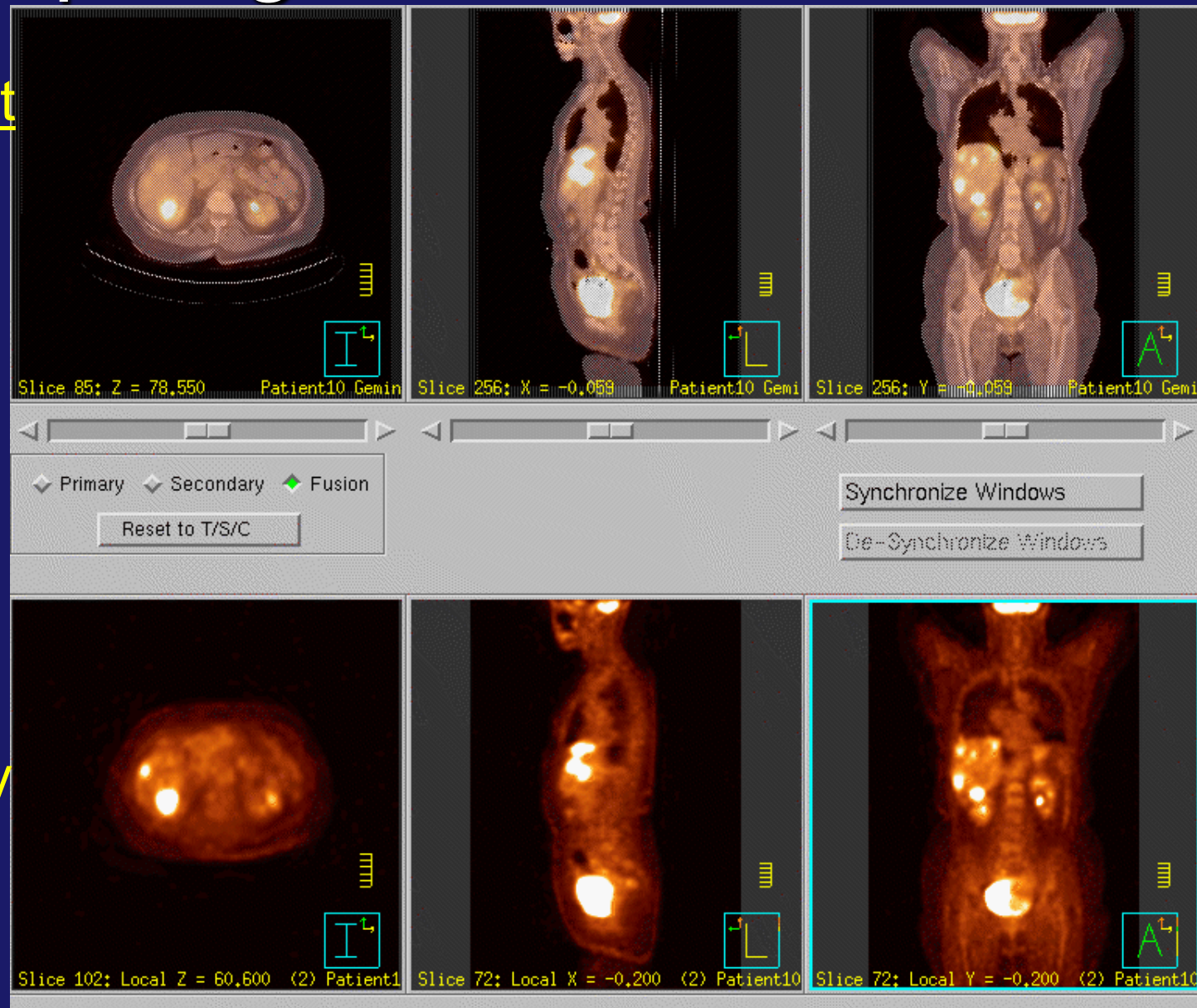
## CT Attenuation Correction

# Diaphragmatic Artifact

## Diaphragmatic artifact

### *PET/CT*

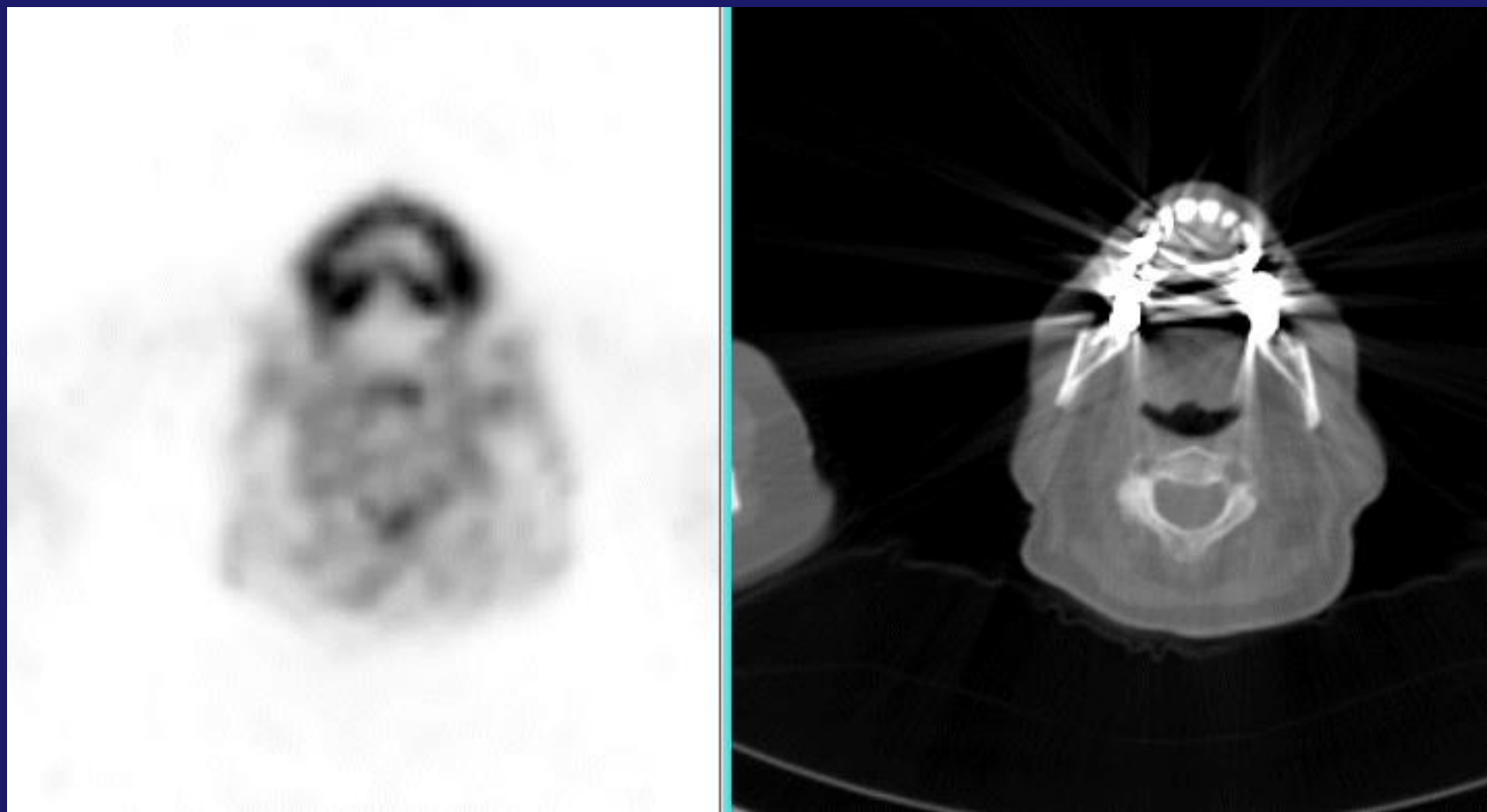
- CT breath-hold/  
PET breathing  
studies
- It appears on the  
PET only, that the  
disease is in the  
lung and liver
- Disease is actually  
contained in the  
liver only.





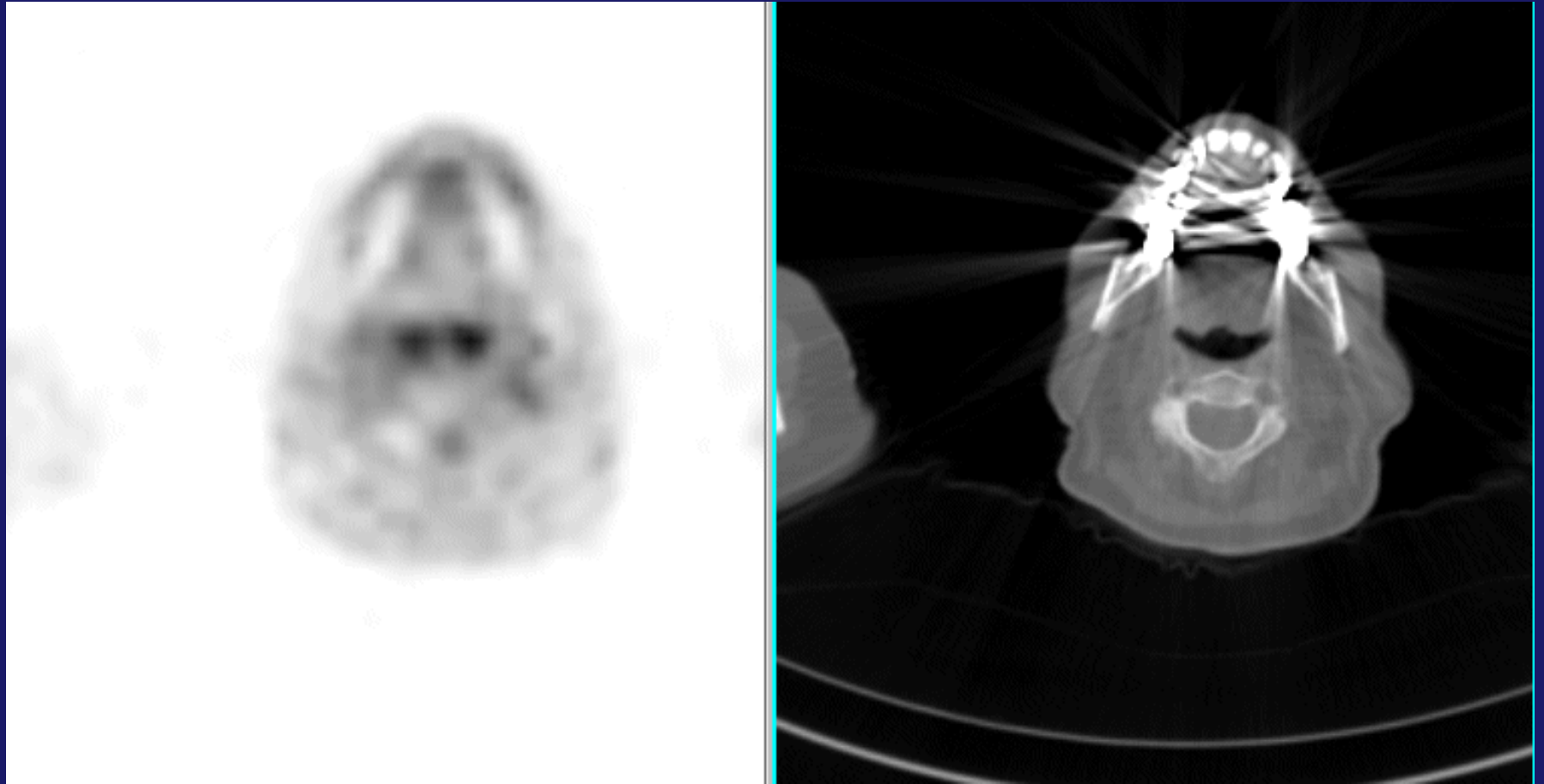
# Artifact

Head  
PET/CT with  
dental work  
& low dose  
CT...you will  
see the  
difference  
beam  
hardening  
has on  
image



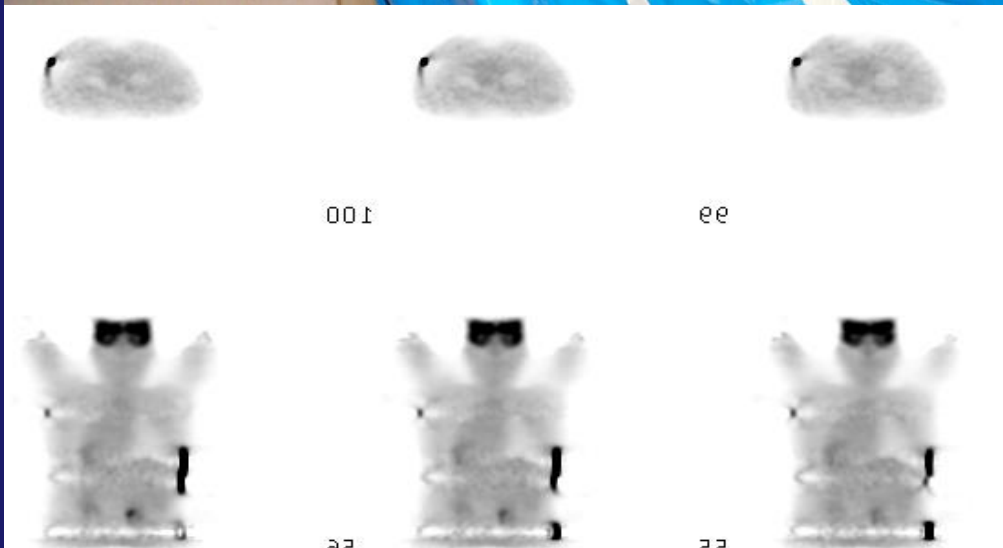
## CT Attenuation Correction

# Dental Artifact



Cs-137 AC Source

# Excessive Activity In Fiducial Markers



# Standardized Uptake Value (SUV)

- SUV is the ratio of the concentration of activity in a structure to the average concentration in the entire body.
- Scan at the correct time interval every time patient is scanned
- Image fusion with CT or MRI can accurately measure the tumor diameter which can then be used to make a partial volume correction and improve the accuracy of SUV.

# Fusion with CTA

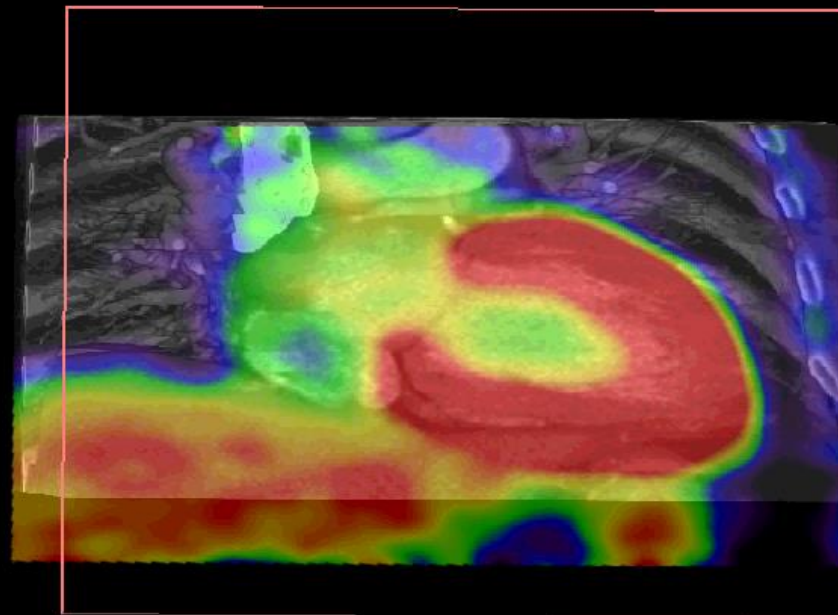
CCF Cardiac 3, CTA  
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5:14:08 PM

HPR

Cleveland Clinic Foundation  
Sensation 16  
VA70C

FUSED VRT MPR CLIP

RPF



Spin: 7  
Tilt: 1



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# Fusion With SPECT

- Interactive tool to correlate two images in 3D space
- Correlates anatomic and functional images
- Data Sets from multiple modalities can be used to aid in diagnosis and staging
- SPECT/CT units use CT images for accurate attenuation correction and fusion
  - Improve accuracy of current myocardial perfusion studies
  - Provide for fusion capability and accurate uptake measurements of future molecular imaging agents

# SPECT/CT SCANNERS



The Philips  
Precedence  
SPECT/CT scanner



The Siemens Symbia  
SPECT/CT scanner



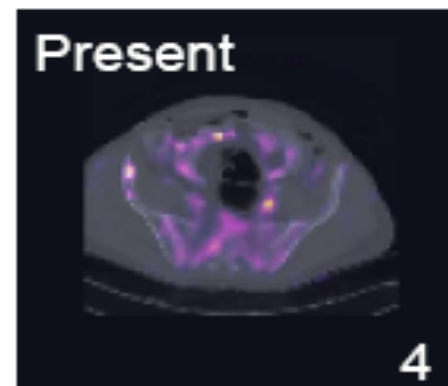
The GE Millenium VG  
Hawkeye SPECT/CT  
scanner

<http://www.impactscan.org/rsna2004.htm>

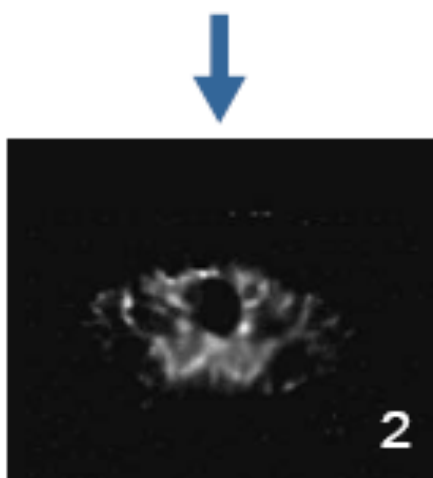
# Image Enhancement Reveals ProstaScint's True Performance



Traditional ProstaScint SPECT image - without correction



Fusion of CT and enhanced ProstaScint



Same ProstaScint image with attenuation & scatter correction



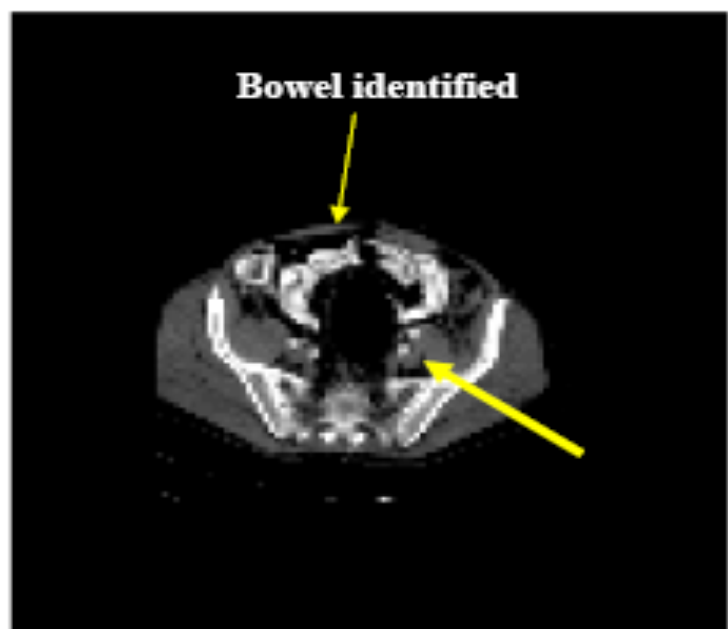
Separate CT scan, providing anatomical information

Images provided by Benjamin M.W. Tsui, Ph.D., Division of Medical Imaging Physics, Department of Radiology, Johns Hopkins University

**CYTOGEN**

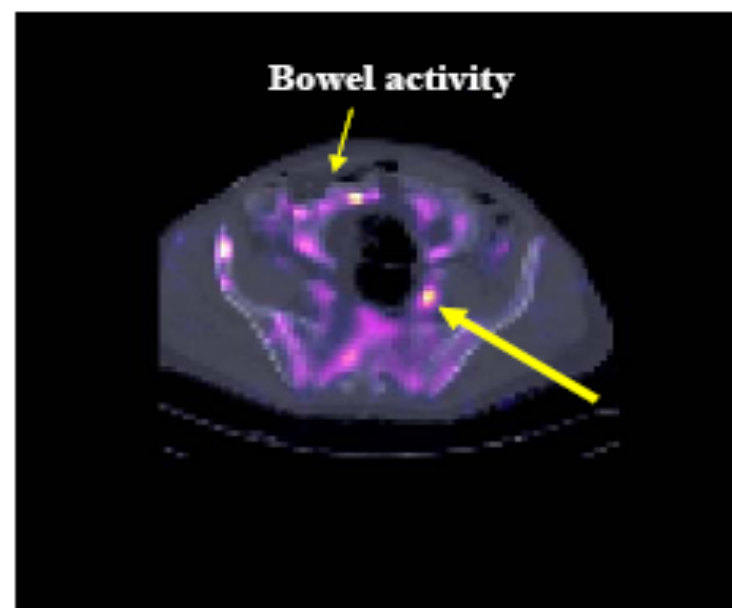
# Image Enhancement Reveals ProstaScint's True Performance

CT Alone



Internal iliac area  
looks normal

CT fused w/  
ProstaScint



Internal iliac area  
looks abnormal

Images provided by Benjamin M.W. Tsui, Ph.D., Division of Medical Imaging Physics, Department of Radiology, Johns Hopkins University

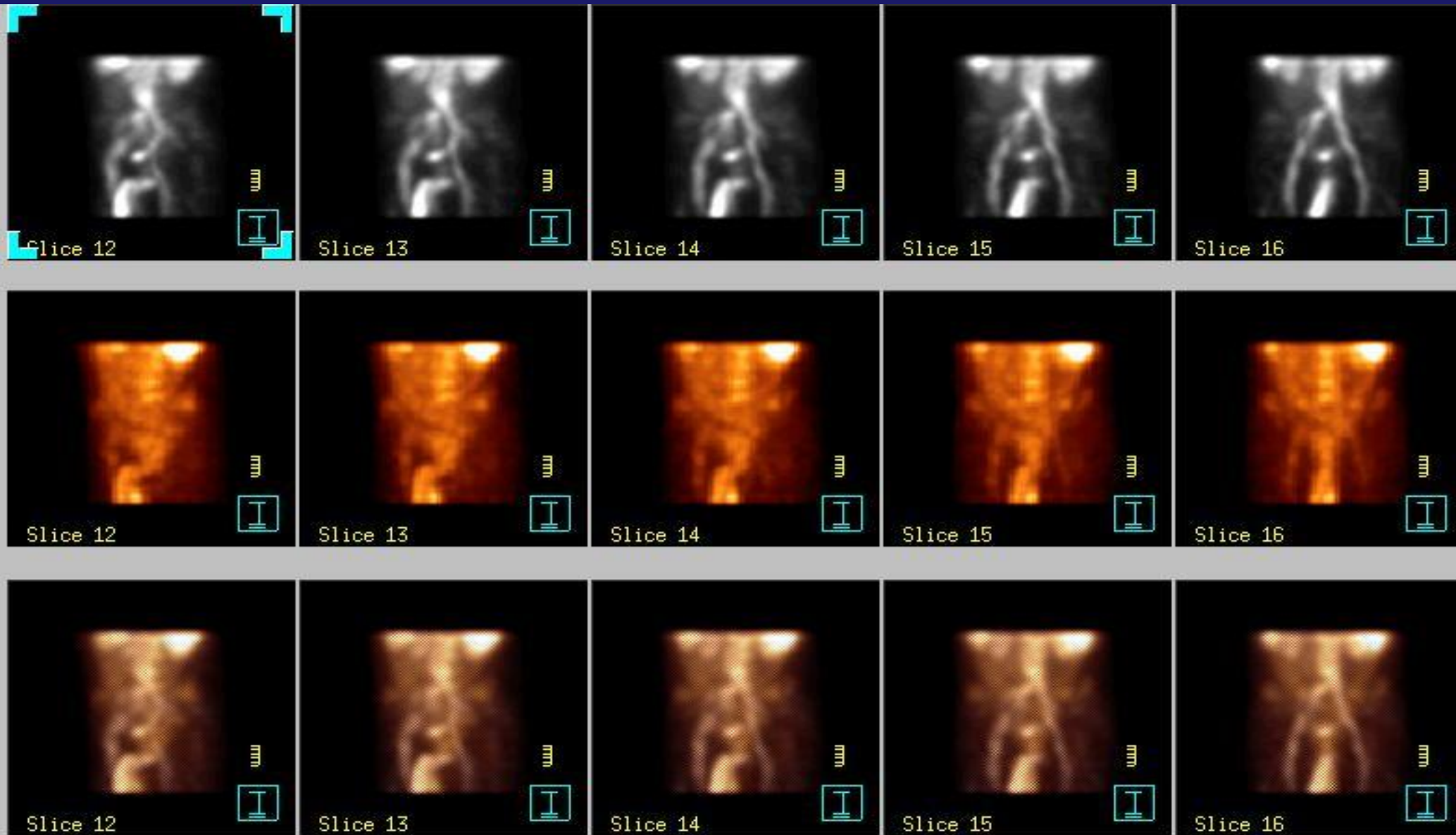
**CYTOGEN**



# Clinical Case

- 64 y/o male with possible recurrent prostate cancer
- Rising PSA=3.5, S/P Radiation Therapy
- In-111 Prostascint scan and tagged RBC scan are performed with SPECT to rule out recurrent disease
- Tc-99m RBC Blood pool can be fused with In-111 Prostascint for anatomic correlation

# Tc-99m RBC'S/In-111 ProstaScint



# Image Fusion: MRI & Brain SPECT

**Reference Study:** IMAGE FUSION

Patient ID: Brain

View ID: MRI\_reference

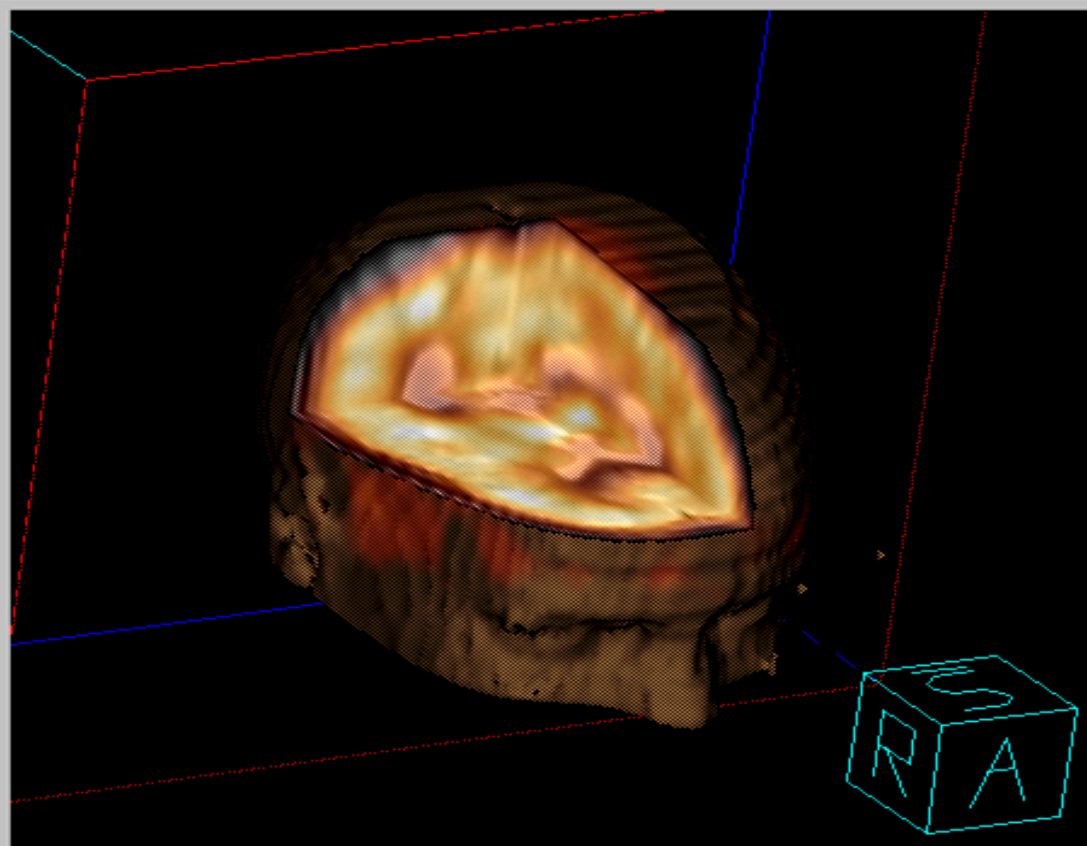
Exam Date: 19970212

**Active Study:** IMAGE FUSION

Patient ID: Brain

View ID: SPECT\_active\_REG

Exam Date: 19970212



## 3D Window Controls

Rotate:



Zoom:



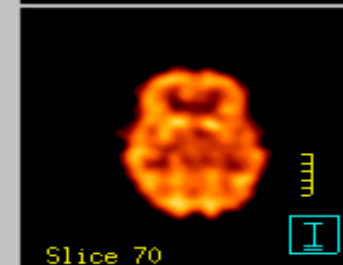
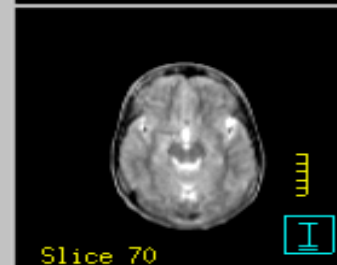
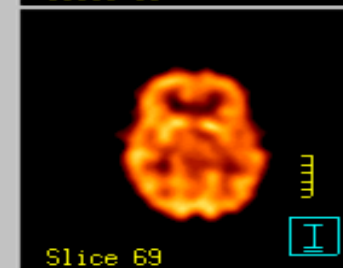
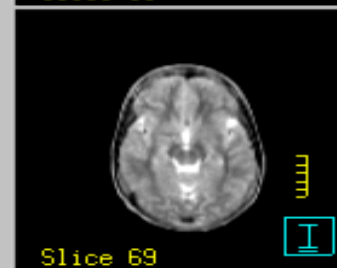
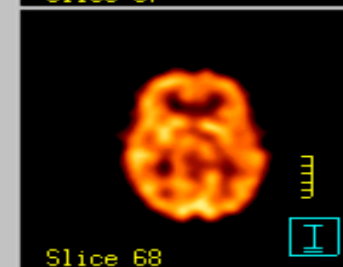
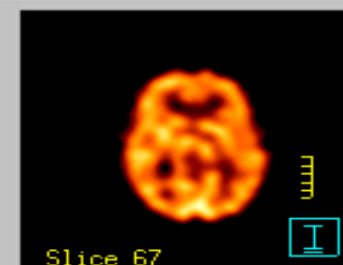
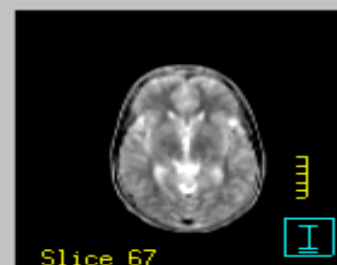
Pan:



Render 3D Image

Rendering Options...

Cutplane Options...



# Conclusions

- Image fusion can be a powerful tool if time is taken to create and follow strict protocols
- Image fusion aids in diagnostic accuracy by giving anatomic and physiological correlation
- Also aids in the staging and follow-up of oncology patients



# References

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